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Rugby man and community leader remembered



Over a thousand people were at the Hub in Hawera on August 25 to farewell Nigel MacLeod. The Manaia farmer, community leader, former rugby player and administrator had died four days earlier aged 86.

Thomas Nigel MacLeod rose through the rugby ranks, playing for Manaia's Waimate club, representing Taranaki, then going on to be president and chairman of the Taranaki Rugby Union. He was a life member of the Waimate and Southern clubs, as well as the Taranaki Rugby Football Union.

Family members remember him as a humble, quietly spoken man who was nevertheless a great communicator, often called upon to speak at public events.

They remember somebody who enjoyed meeting people, who would bring hitch hikers and other guests home to stay

for lengthy times. Some even became lifelong friends.

He spent his entire life in Manaia, but together with wife Joy travelled widely. This included, while TRFU chairman, being on a supporters' tour to Britain to see an All Black team captained by Taranaki's own Graham Mourie finally take the holy grail and achieve the Grand

Born in 1930, Nigel grew up on the family farm on the Manaia Road, where he attended Kapuni and Manaia Primary Schools.

John Graham, who was at school with Nigel at Manaia remembers their rivalry for the halfback position.

"Nigel always seemed to get the job. We used to play Convent every Friday afternoon. Nigel was a really good halfback who could pass and



Ormond was in the winning team.

could kick with both the left and right foot. I'd liken him to Beauden Barrett a bit."

From Manaia Primary, it was on to Hawera Tech and New Plymouth Boys High School, and then back to the farm and playing rugby for Waimate.

Once more Nigel and john Graham were playing on the same team, except by now the positional issues had been resolved. John played at hooker, while Nigel played first five.

In 1955 Nigel was vice captain of Waimate with long standing friend Venn Young as captain. The team coached by Errol Rowlands and Jim Bourke ended the club's 22 year drought by winning the Taranaki club championship, beating Tukapa 11-6 in the final.

The association with Venn Young continued long after rugby, with Nigel urging his old friend to seek the National Party nomination for the Egmont seat in the 1966 general election. Young was to hold Egmont and then Waitotara until his retirement in 1990, holding several cabinet positions in that time.

Venn's son Jonathan has

been MP for New Plymouth since 2008.

"I can always remember as a kid growing up, we had a huge amount to do with the MacLeods, not only on the rugby field but off," Jonathan said. "Those family loyalties go on for generations. I played rugby with Peter and Paul for Waimate back in 1978, so it was great to be able to carry on the family tradition of the Youngs and MacLeods playing rugby together. When I first stood in New Plymouth, Nigel was

Continues page 2

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free to every home and business within the rural area bounded in the north by the New Plymouth city border, extending east to Egmont Village, and around to the edge of Stratford, south to the Hawera city border and inland to Kaponga and through Eltham.

EDITORIAL

One of the iconic moments from South Africa's first election after achieving majority rule came as Archbishop Desmond Tutu cast his vote. After slamming his vote into the ballot box he clasped his hands above his head in triumph. He had finally exercised what had been denied him up to that time, a say in his country's future destiny. It was something for which he had struggled a long time, and at this particular moment he saw his lifelong dream come to pass.

The right to vote had been worth fighting for, and having achieved it he was going to exercise this right. It is a right which people still living in dictatorships cannot make use of, or when they do it is only to rubber stamp the choice their government has already made for them.

The right to vote is a

Putting a value on the right to vote

comparatively modern one. New Zealand prides itself on being the first country to give woman the vote. That was granted in 1893, only 12 years after all men were given that right. It wasn't until 1928 that Britain, home of the Mother of Parliaments gave the vote to all adults over a designated age.

Next month New Zealand will be having elections elect councillors, mayors, community board members, district health board members and others. Archbishop Desmond Tutu, a holder of the Nobel Peace Prize saw the right to vote as something worth dedicating his life to. Do we in New Zealand have that same regard for this historic right, or does familiarity breed contempt?

History tells us that in the pre World War II Weimar Republic in Germany, the game was up for democracy when over half the voters in a free election cast their votes for either the Nazis or the Communists, two parties which did not believe in democracy.

Zealand New traditionally prided itself on a high level of democratic participation, but in recent elections, voter turnout has been in decline. It is worse in local body elections, with fewer than half the electorate bothering to cast a vote.

When more than half the electorate turn their backs on the electoral process we are in trouble. The message is simple. It doesn't matter who you want in, get out and vote.

Bryan Kirk



Archbishop Desmond Tutu exercising his right to vote.

Rugby man and community leader remembered

Continued from page 1

a great supporter and encourager as well.

huge "Nigel made a contribution South to Taranaki life and will be sadly missed.

Nigel played for Taranaki in 1954 and 1956, and after he retired from rugby became president of the Waimate Club at the age of 32. He was also Waimate's delegate on the Taranaki Rugby Football Union, and served as Union president in 1975 and chairman from 1978-84.

When Waimate merged with Hawera and Athletic to form the Southern Club, Nigel was one of the new

club's first patrons. He continued to take an active interest in rugby, whether it beTaranaki, Southern, or junior rugby at the Manaia Club.

Nigel married Ellison, daughter of the Manaia doctor. Their eight children include Taranaki Regional Council chairman David MacLeod. Three of their grandchildren, Joel MacLeod, and Jackson and Lewis Ormond have played rugby for Taranaki. Jackson and Lewis have represented New Zealand in Sevens.

Joy has links to several Taranaki iwi as well as Ngai Tahu and Ngati Porou. Nigel always took an interest in Kaupapa Maori, and he and Joy supported a number of marae over the years. All their sons played Maori rugby. As an acknowledgement of

the regard he was held by the Maori community, his body lay in state at Waiokura Marae before his funeral at the Hub. As well as rugby, he

involved with the was local bowling club, RSA, Church Anglican and Kaupokonui Beach Society. His love of the beach at

Kaupokonui began with camping holidays, and then progressed on to buying a bach. Kaupokonui Beach Society committee member Jessica Mills said Nigel always took an active interest in the Society, whether as secretary and

treasurer, helping run the family fun day, or helping get projects off the ground. He had a particular interest in beautifying the area by planting shrubs. "He was such a wonderful

guy with a heart of gold," she said. "He always had an open door when it came to the Kaupokonui Beach Society and the Reserve. He was there, not just because he had a bach, but because he liked the place and wanted to see it blossom. He had so much knowledge of the place and its history."
A friendship with Max

McKay who owned the Citroen garage in Manaia led to an interest in the Citroen car. Nigel still owned two at the time of his death.

BBC:

Bill Bailey was explaining the book of Exodus to me in his paint shop.

"The Israelites troubled. They knew God as a God of miracles and they should trust Him, but they looked to the circumstances instead.

God met His prophet and told him the only way forward was through the water of the Red Sea. So Moses led the people and the

EPC Part 2

sea divided for them. The water was a wall on either side yet now there is a way through on dry land. But when their past life tried to follow Pharaoh and his army were drowned."

"This," said Bill, "Represents water baptism. Any Christian must be baptized according to Acts 2 verse 38. Notice Peter did not use the titles Father Son and Holy Ghost, he used the name of Jesus Christ. Every water baptism in the New Testament is done in Jesus name.

Why then did Jesus make it sound as if Father, Son and Holy Ghost was the correct key to get into the kingdom? Jesus had already given the keys of the Kingdom to Peter. He didn't take the keys back but He did describe them by using the three titles of God."

"Most churches use the titles today, but Peter used the name Jesus Christ. If anyone is called by God then Acts 2 verse 38 is still the standard, as verse 39 states.'

"After the Red Sea the people experience journeyed on into Arabia and came to Mount Sinai. Fifty days after Passover Moses went up the mountain and received the Ten Commandments for God's people to be able to live the life they were called to. Fifty days after Passover is the feast of Pentecost. It was at Pentecost that the early Christian church received the Baptism of the Holy Ghost. So one group, Israel, received the law to live God's life, but now Christians receive the power to live God's life."

I was stunned. Exodus was no longer just an Old Testament book, it was also a parable of my life. And if Exodus was a parable then other Old Testament books and stories were also parables too.

And that was the beginning of a new adventure.

Richard Oliver

Pastor Eltham Message Church www.messagechurch.com



In 25 years the Kaponga Public Library has been on

four different sites within a radius of 150 metres.

From a small building near

the Kaponga Hotel, the library moved to the former

post office building before

On August 26, it was

up sticks again to a new location, albeit a temporary one at the supper room of the

Memorial Hall. The building on the corner of Egmont and Victoria Streets had been declared earthquake prone following an Initial Seismic assessment, coming in at 20 per cent of the New Building Standard, when the required standard is 34% mark.

The library has

options are being looked at.

These will be presented to

the South Taranaki District Council in November.

LibraryPlus was closed for

closed

strengthening

Kaponga

and

temporarily

earthquake

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Friday, September 9, 2016

Librarian Lis Marrow(left) checks out a book for Fiona Greenhill.

business on August 26 as the shift was made across the road to its temporary home.

It was back to business on

Two days later things were

August 29.

going according to plan, said

district librarian Lis Mar-

row. "The kids' reaction has

been wonderful, and at the

moment we're booked here through to the end of Janu-

facilities

ager John Sargent says the Council is looking at all its

buildings to assess how they would be likely to stand up

"We want to make sure all our buildings are safe for our

staff and the public," he said. Libraries and cultural ser-

vices manager Cath Sheard said some services will be limited initially, but every-

thing is being done to ensure the public are inconve-

nienced as little as possible.

to an earthquake.

Taranaki District

ary.'

South

Council

Kaponga LibraryPlus has had to shift following an earthquake assessment

Eltham asked to conserve water as plant upgraded

Eltham water consumers are being asked to conserve water where possible over the next month as the Council upgrades the town's water treatment plant filters.

Taranaki District Council water supply manager, Peter Cook, says the existing filtration system at the Eltham water treatment plant struggles at times during periods of bad weather and needs upgrading.

"Work on the upgrade is starting this week and should take around eight weeks to complete," says Mr Cook.

"During this time the plant's capacity will be reduced slightly so we would greatly appreciate it if all users of the town supply conserve water use as best they can and fix any leaks," he says.

"We don't expect any changes to the water supply during the works if everyone helps by conserving and avoiding waste."

Cook Mr the says total project cost will be approximately \$400,000 and the work will be completed with a NZ specialist contractor, Filtec, supported by local subcontractors.

"People are often unreasonable and self-centered. Forgive them anyway. If you are kind, people may accuse you of ulterior motives. Be kind anyway. If you are honest, people may cheat you Be honest anyway. If you find happiness, people may be jealous. Be happy anyway. The good you do today may be forgotten tomorrow. Do good. Give the world the best you have and it may never be enough. Give your best anyway. For you see, in the end, it is between you and God. It was never between you and them anyway.' - Mother Teresa of Calcutta

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Looking for another term on Counc

With deputy mayor Ian Armstrong retiring, two sitting councillors are facing off against two others for the three Egmont Plains ward seats on the South Taranaki District Council.

In our last issue, the Opunake and Coastal News spoke to

"I am proud that we have argued to have the Manaia Town Hall to be among the first to be earthquake strengthened, that we have increased the berm mowing, which has been an issue in Manaia for years and years, and I'm pleased to see better



Cr Bonita Bigham

candidates Clem Coxhead and Kelly Knadle. This week we speak to sitting councillors Bonita Bigham and Bryan Roach.

Bonita Bigham of Manaia is seeking her third term at the council table. She says she has been proud to support a number of local initiatives including Coastal Care, Everybodys Theatre and the Manaia Skatepark. She has also been on the Opunake High School Board of Trustees.

When Manaia faced the possibility of losing its town hall, she had made a submission on behalf of the Maatua Whangai Group who used the town hall as their base. This had first prompted her interest in standing for council back in 2010, she said.

"I made a submission in council chambers and I was terrified, but I soon realised the councillors were genuinely interested in what I had to say, and that they were community minded people. I thought I could be one of these people.

footpaths. For Manaia in particular I'm hoping for continued development of our skatepark.

"I hope people would vote for me because I'm fair and I like to get all the information before I make my mind up on an issue. I seek guidance from people who know more than I do. I'm local and I'm loyal. My whanau have been here forever, and I think intergenerationally, not just about the here and now."

She says that while the Council has done some good work on infra structure like water supply, it's not a time to rest on laurels.

"Let's make this the coolest place for those of us who are already here, then after that others will come. I'm particularly passionate about our coastal communities and making sure they don't fall off the radar at council. "

Her concern for the communities extend to the stretch of road which is State Highway 45, the roads to which it is linked and the associated country settlements.

"I want to see Te Kiri, Auroa bridge. On all our rural roads and these other fantastic little settlements maintain their identity. It's easy to see the towns and think they are the be-all and end-all, but all these settlements play a part in the development of our district, and I hope they continue to do so."

Bryan Roach was first elected to the council in 2013. The Oaonui farmer is also on the board of directors of the Oaonui Water Scheme.

. "I had wanted to stand for council for a long time, but job commitments and finding the extra time to be a councillor was difficult," he says. "I always thought I could make a difference with my local knowledge and knowing a lot of people in the district. I really want to focus on looking after the whole Egmont Plains area, which goes all the way to the Stony River."

He says the central business areas of the towns in the district are one of his main concerns.

"I don't like to see empty shops in town, or shops close. Once a business is gone or closed, it's very unlikely safety is the main concern and should be a priority."

He says he is pleased the council has been prepared to look at better road markings and signage, as well as electronic signs, like the one on the east side of the Kapuni River near Manaia.

Other issues he wants to see through include the Opunake Beach Master Plan and flood protection following last year's August 6 floods in Opunake.

"I want to see through the remedial work needed to prevent further flooding, and the alterations to the retention pond to stop further flooding to Gisborne Terrace and the rest of Opunake. We have to make sure it doesn't flood like that ever again. I've lived here my whole life, and that's the worst I've ever seen."

He says he is often approached by people wanting to discuss various issues.

"I always go to meetings with an open mind, listen to all the facts, read all the information, and make my decision based on all that, and vote on it."



Cr Bryan Roach

another one will open up again."

When he first stood for council he said he wanted to do something about the number of single lane bridges in the district. Three years later he says road safety is still one of his main concerns.

"A lot of people have died in the last couple of years, and it has generally involved a

He says that if anybody believes something is broken, they need to contact the appropriate people and make their views known. He cites the example of the Manaia Skatepark where a group of young people had told him of a safety problem in the design. After a quick call to the contractor, the matter was



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Twenty years supporting Daffodil Day

What brothers Trevor and Edgar Smith first thought would be a short term commitment is continuing to flourish twenty years later.

Back in 1996, the brothers who are members of the Normanby and Districts Lions Club agreed to take on the growing and sale of daffodils for the annual Daffodil Day Appeal in Hawera.

Fast forward to 2016, and on August 26 Trevor and Edgar, along with other Normanby Lions Club members were at the Hawera Square selling daffodils, as they have been doing for the last 20 years without fail.

"This is the best year of flowers for quality we've seen," Trevor said.

The club has sold 12,000 daffodils, including enough to pass on to Lions clubs in Manaia and Stratford to help with their sales efforts.

Unlike some previous years, they have not had to get



Normanby Lion Trevor Smith sells daffodils to Maureen King

any extra flowers in from outside the area to make up numbers. All daffodils have

been sourced locally, from sites at Te Roti, Ohangai and Nowell's Lake near Hawera.

The Cancer Society's Daffodil Day has been held every year since 1990.

Two month amnesty for late dog registrations

A new push to encourage dog owners to register their pets has been launched by New Plymouth District Council. As part of the effort, the date for penalties for non-payment of the registration fee has been pushed back two months to the start of November.

"We are really encouraging dog owners to be responsible about registering their pets, and part of that is a twomonth amnesty to give people more time to pay the fee," says Manager Customer and Regulatory Services Katrina Brunton.

Currently there are about 11,580 dogs in the district, with about 9,660 of them registered.

Owners are required by the Dog Control Act to register their dogs. The fee

helps fund the Council's animal control service which includes investigation of complaints, patrols of public places, operation of the dog pound and dog-safety education programmes to schools, community groups and service industries.

The Council investigates at least 3,000 dog-related complaints each year.

The owners of any dogs not

registered from 1 November will receive a 50% penalty. Additionally, the Council may charge a fine of \$300 per dog and/or impound the dog.

"We'd rather it didn't get that far though, so please pay the fee either online at newplymouthnz.com or at the Civic Centre or one of our library and service centres," says Katrina Brunton.

Mangatoki WI news

Our July meeting took the form of a day trip, 13 members met up at Kerry's Snapdazzle Jewellery near Lepperton, where we had an enjoyable time trying out the jewellery on offer, and several purchases were made. From here we drove into the Waiwhakiho Valley and had our lunch at the café at Palmer's Garden World. We then visited Abraham's Funeral Home on Devon Street East. We were given a tour of the premises and everything was explained to us and questions

answered. We then visited Abraham's Crematorium on Swan Road. On returning to town, we visited Dianne Ogles' new home where a small amount of W.I. business was done. Later some members went into town for dinner at Crowded House and then went to see a film. A total of 49 food bank items were donated.

Our meeting on August 3 was held at the Mangatoki Hall and took the form of a finger food lunch. We

were welcomed by President Karen Joblin, the minutes were read and the conference and financial reports were given. A donation was given to CCS. We had a discussion on a donation of boxes to Women's Refuge.

Competition results: Shrub: 1st. Marlene Henn, 2nd. Cathy White, 3rd. Barbara Waite.

Flower: 1st. Lucy Moger, 2nd. Barbara Waite.

A table was set up for a display of Winter Projects. The raffle was won by Marlene Henn, 13 members attended the meeting as well as little Miss McKinley Joblin. Members then enjoyed a very tasty finger lunch.

Lucy Moger



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Opunake Volunteer Fire Brigade News

I thought I would remind our "country cousins" that they face a higher risk of losing more property from fire than those living in the township of Opunake. A couple of reasons for this are fires are not usually noticed as quickly in sparsely populated areas, and response in rural areas can often take longer because of the distance our brigade has to travel, the large area we service, imperfect road conditions, especially during winter months, and a lack of adequate water supply can delay quick intervention.

Many rural dwellers' livelihoods, eg farming, would be seriously at threat if a key building such as a milking shed, shearing shed or the family home was ravaged by a fire. Therefore you must do what you can to safeguard your property and livelihood. Firstly, have your rapid number clearly visible at the gate. Not just for our brigade but for the St Johns, doctors, and police. Clear trees back from the track so emergency vehicles can actually get down the track should the need arise. I have often had to stop on a track because of overhanging branches, and this sure slows up our efforts.

Let the officer on the appliance (the person in the front passengers spot) know if there is a supply of adequate water. If water is unavailable, we may have to organise a tanker, call another brigade or both. The sooner we can organise, the be □er because a fire won't wait for us to get prepared. So please liaise with the officer as quickly as you can. If there is a supply of water we will have to get a portable pump within 7 metres of it so that we can pump it up to the appliance. There can often be a river bank or vegetation blocking our access resulting in valuable time and manpower being lost while a pathway is cleared. So if you can clear a spot, maybe flatten an area so the portable pump is on level



Liz Sinclair snapped this shot of our local fire fighters at a call out at Pihama Lavender last weekend.

ground, things will definitely go a lot smoother, and the chances of saving your property increase greatly.

There are a bunch of other things you can do to help protect your abode. Have plenty of working smoke alarms sprinkled through the house, a fire extinguisher or two on hand, clean the chimney once a year, don't leave the dryer on and go out, be careful with battery chargers to name a few. So have a think about your

own setup and see if you can do a couple of adjustments to help protect your patch on this wonderful Earth.

We were called to a motor vehicle accident on September 28. .A car ran off the Tai Road, hit a power pole, and cut the power to the Oaonui area for a short time. Thankfully the young lad only received moderate injuries, but the vehicle will require major surgery.

Whaia Jose

On this month in history NZ declares war on Germany

On September 3, 1939 NZ declared war on Germany, thus entering the Second World War on the side of Britain and other allies. NZ's Prime Minister Michael Joseph Savage declared, "Where Britain goes we go, where she stands we stand." Before his term of office had ended Mr Savage had died and his role taken over by Peter Fraser for the rest of the war.

Fire in meter box sparks callout

Two firebrigades attended a fire at Pihama Lavender, just south of Opunake on Sunday afternoon, September 4.

Liz Sinclair who owns Pihama Lavender said the fire was in a meter box and that she was pleased that she was at home when it happened.

The meter box was well alight and distant from the smoke alarm so could had been very serious had she not noticed the fire

shortly after it began. The consequences had she not been at home did not bear thinking about.

The defective wiring that caused the fire had now been repaired by electricians.



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Who says lightning never strikes twice in the same place? For the second year in a row an apprentice sparkie from Sinclair Electrical has made it through to the national finals in the domestic/ commercial apprentice category of the Master Electricians Challenge. Last year it was Daniel Carson. This year it's Jamie Fevre, who is into his third year with Sinclair Electrical.

Brian Sinclair says he congratulates Jamie, and that having two apprentices into the finals in as many years reflects well on his business.

"We have electricians who are good at training these apprentices up to a high level," he said. Jamie from Auroa said he had always wanted to do an apprenticeship of some sort, before deciding that being an electrician was for him.

"There is a lot of variety in the work, so you're not doing the same thing every day," he said. After leaving Opunake High School, he worked for his father on the farm before getting the job with Sinclair Electrical, and things have moved on from there.

He made it through to the finals by being one of the five highest placegetters in the national preliminary competition. The final will take place in Taupo on October 26-28, and will involve tackling five challenges in two hours He hopes one day he

might be able to take his

trade with him overseas, or start up his own business. Jamie works at Sinclair Electrical's recently opened Stratford store where his workmates include finalist from last year Daniel Carson. Anybody coming into Sinclair's new store can rest assured that the expertise of two of the country's brightest up and coming electricians are at their disposal.



Jamie Fevre

Protect owners' rights says Federation

With the Te Ture Whenua Maori Bill select committee hearing process in its final stages, the Federation of Maori Authorities (FOMA) wants historical property rights of Maori protected, landowners so the land can continue to be developed for their commercial and economic benefit, says **FOMA** chairman Traci Houpapa.

"FOMA's submission to the select committee acknowledges that Maori land owners whose interests fall under this legislation will be safeguarded for

future generations. are confident that our submission incorporates all that matters to our members and all Maori landowners." says Liz Mellish, FOMA TTWM Technical Advisory Group chair.

"FOMA is calling on Government to properly resource the new Maori Land

Service proposed under the reforms to ensure that the service has the capacity and capability to necessary to meet the growing needs of Maori land owners.

"As our focus now turns to the development of the new Maori Land Service, FOMA will continue to work with Government

to ensure best outcomes for those we represent." Established in FOMA is the largest national Maori economic network representing around Maori Authorities with a collective asset base of around \$9billion with interests largely in the primary industry

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Tourism a tremendous opportunity

Earlier this year I walked the Pouakai Crossing, which is the fantastic one day walk up from the North Egmont Visitors Centre, around the mountain under the stunning Dieffenbach Cliffs down through the Ahukawakawa wetlands, and then up over the Pouakai Ranges. On a beautiful clear day a side walk down to the Pouakai Tarns is a must for that incredible photo of the mountain reflected in the Tarn.

It was a 7-8 hour walk, but very achievable with moderate fitness, and the changing scenery from alpine to forest landscape is definitely world class. We know that many of the main tourism centres in New Zealand are at capacity during peak season, and



Jonathan Young MP for **New Plymouth**

even now areas such as Mt Cook and Queenstown are at capacity nearly all year round. The only other National Park in the North Island besides Egmont is the Tongariro National Park, which is struggling with high visitor numbers on the

Tongariro Crossing each year. I have been working alongside other agencies and organisations here in Taranaki to develop the potential around the Pouakai Crossing, as the development of great one day walks such as this will help grow our visitor industry and contribute to the growth of our tourism here in Taranaki. Tourism is an area that with prioritising, resourcing and funding could see new

The Government is continuing to ensure regional New Zealand benefits from tourism growth with more funding for infrastructure and to help businesses get up and running. Changes to the Tourism Growth Partnership (TGP) will see half of the

businesses and ventures start.

\$8 million annual fund made available exclusively for projects in the regions.

This targeted funding will help innovative New Zealanders in regions to turn a great idea into a business reality and reap the benefits of growth in the tourism sector.

The TGP was established in 2013. To date the fund has awarded \$20.7 million to 28 projects and attracted co-funding of \$60.5 million.

Also open for applications is the Government's \$3 million annual Regional Mid-sized Tourism Facilities Grant Fund. This fund is about helping communities maximise their tourism growth by providing new or improved infrastructure for visitors, such as rubbish bins, carparks, and restrooms. These core facilities can get strained as tourism grows, and the support this funding provides will help provide the level of service New Zealand wants to offer.

The tourism sector is experiencing exceptional growth, with visitor arrivals forecast to grow 5.4 per cent a year, reaching 4.5 million visitors in 2022 – up from 3.1 million in 2015.

Part of the Government's tourism strategy is to ensure all regions continue to benefit from this growth, and these funding opportunities are another part of our wider work supporting the sector.

The recent visitor figures to Taranaki saw an increase in domestic visitors, but more work needs to be done to increase our overall tourism industry and increase our international visitor numbers.



Jonathan Young at the Pouakai Tarns

Andrew Little Labour Leader

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Waste minimisation project planned

Community groups are asked to be involved in the next waste minimisation project in New Plymouth. The next stage of development at the Resource Recovery

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Facility on Colson Road, where all the residential recyclables are sorted, will be a public good area that focuses on reuse, recycling and education. Services such as a repair workshop and retail outlets could be included.

"There are some wonderful examples around the country of community-driven public good areas around recycling and reuse and we'd like to deliver something similar here," says Infrastructure Manager David Langford. "They can play a significant

role in educating and inspiring people around reducing waste, reusing materials and recycling.

"We'd like to bring in

community organisations to run this area in partnership with the Council and EnviroWaste, so we're inviting groups to register their interest in being involved." Registrations of interest

are now open and close on 29 September. More information is available on newplymouthnz.com and on Tenderlink's website.

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(1) for Taranaki DHB

and health services closer to home



Friday, September 9, 2016

Corrections has recognised the work of the Problem Gambling Foundation in the New Plymouth/Taranaki area by awarding local health promoter and counsellor Sandi Cummings with a Community Work Partnership award.

Presented by Corrections' Whanganui/Taranaki District Manager Coralea Easther, Sandi received her award for the work she and the Foundation have been providing to communitybased offenders under the management of New Plymouth

Community Corrections. For the last two years Sandi has delivered an intervention programme to between four and eight offenders, in a group setting, on a weekly basis.

"Sandi's style of working with offenders is engaging, positive and respectful, while allowing offenders to be involved in the discussions and maintaining the image they want to present to the group," says Coralea. The programme aims to



A Community Work Partnership Award was presented to Sandi Cummings (left), counsellor with the Problem Gambling Foundation by Corrections district manager

around gambling addiction, general addiction and risktaking. Participants are also informed about what support is available for them and their family members.

"The programme is a tested and proven intervention that has had a positive influence on offenders in terms of their choices and risk of reoffending," says Coralea.

Problem Gambling Foundation spokesperson Andree Froude says recognition such as this is very satisfying.

"We are very proud of Sandi's achievement and of the work she has been doing with Corrections in the Taranaki area. It is a privilege to be able to work with Corrections and achieve such successful outcomes for offenders."

Outcomes for offenders have included self referrals, education, as well as referring offenders for other interventions they may not have had an opportunity to do so otherwise.

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miracle in a shoebox

A miracle in a shoebox? How could this be? Ask Operation Christmas Child volunteer Nancy from West Auckland.

In February of this year, Nancy went to Fiji to help distribute shoeboxes full of gifts packed by generous donors in New Zealand.

Nancy says that the volunteers often asked the children, after they had opened their boxes, what they would really like to have found inside.

Twelve year old Lutisha said: "We were told the boxes are packed with love and a prayer. I was wondering how someone who hadn't met me and doesn't know my name could know (what I wanted) and love me. Now I know, because in this box is a pair of shoes. That's what I really need, I have no shoes to wear to school."

Francois Joubert, the North Island manager of OCC, reported great excitement amongst a group of teenage girls over one particular box. "I wondered what was so exciting," Francois said. It turned out the girls were going to a Scout camp and needed sewing equipment and had no idea how they would get it - and this box had just what was required.

Two little boys, (who were friends) received boxes packed by the same family in Palmerston North. Out of the 28,000 boxes from New

Zealand. A young girl was keen to learn music. She received a recorder, and instructions on

how to play it. Last year, New Zealanders filled 28,397 shoeboxes for needy children. Shoeboxes from Australasia go to children living in povertystricken areas of Fiji, Samoa, PNG, Thailand, Cambodia and Vietnam.

Each shoebox is like a mini aid package and includes: something to love (like a doll or teddy), something to play with (like a ball), something for school (pencils, pens, exercise books etc), something for personal hygiene (soap, facecloth, comb, toothbrush etc), something to wear (a t-shirt, shorts, dress, jandals, cap etc) and something special (stickers, a bracelet, a yoyo etc).

Because every child in a family in a targeted community receives a shoebox, this frees up money for the parents to spend on food and other necessities.

Would you like to be part of a miracle for a child this year? Would you like to fill a shoebox for a child aged 2-14 years? Would you like to show love to a child, and give the child and their family hope? Would you like to show a child that someone cares about the desperate situation they are living in?

The gifts you put in your box will go directly to a child who may never have received a gift before. You can write a note to the child and include a photo of yourself if you wish.

Operation Christmas Child is a non-profit, Christian charitable organisation giving people of all ages the opportunity to be involved in a simple hands-on project focusing on the true meaning of giving, doing something tangible, rather than just donating money. The shoeboxes are given to children without regard to race, religion, ethnicity or gender.

Operation Christmas Child

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10 NEWS Friday, September 9, 2016 **OPUNAKE & COASTAL NEWS**







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Our New Infants and Toddlers space

Our exciting new addition to Opunake Kindergarten's facilities is well underway. The dedicated space catering to infants and toddlers is nearing completion and will be opening early in term 4. Infants and toddler teaching is a specialised area and not just a 'dumbed down version' of the older children's curriculum. In the first three years of life children experience phenomenal growth in their brain development and as such, they have very different and distinctive needs.

"We are aiming to provide a lovely, calm and inviting space, tailored to the special learning and care requirements of infants and toddlers" says teacher Lee Ann Mullin when speaking about the project. "Previously we only enrolled children from 1 year and up" says Lee Ann, "but now, with this great new facility, we can offer spaces for babies too".

Last term a community survey was held to see if the current services we provide supported families. One change we have made due to the survey results is to allow one day a week enrolments for infants and toddlers on a case by case basis.

We are also still open to hearing from families who might need earlier or later opening hours, as this will help us to gauge whether



The new Infants and Toddlers area under construction. The building is well underway, with the roof on and the walls and windows currently going in.

this is a viable option to look at providing for in the future. Please ring or call into Kindy to have a chat about what you require - even if it's for 2017, as this will help us with planning.





Left: Sophie (4) looks proudly at her chosen clay cake decorations before her Kindy birthday party. Above: Mack (4), Spencer (4), and Sophie (4) are working together to put clay into the heart-shaped

Our New Kindy Cakes!!

The 'H is for Health' in our philosophy is a very valued part of who we are here at Opunake Kindergarten, and as such we are always looking at how we can improve the health of everyone here. One change we have made is to start providing our own special 'Kindy Cake'. We noticed that we were having a lot of birthday cakes at Kindy and when we added them up we realised that we usually have around 85 a year! This lead to a selfreview, with families consulted about a novel idea we had heard other early childhood centres were doing - providing a wooden or clay cake in place of the 'real' thing. They had the same routines e.g. sing 'Happy Birthday' and blowout the candles; the only change was that there was no cake to eat. Families resoundingly chose the clay cake option and the teachers and children got busy making heart-shaped clay cakes. Now, when each child has their birthday, they get to choose the special cake decorations to go on the cake. Recent favourites have included Transformers, Frozen, Peppa Pig and Spiderman.

New HEART Philosophy and LOGO

We have been working on up-dating our philosophy and logo with our teachers and families and have chosen HEART to represent our values. The H stands for Health, the E for Empathy, the A is for Aroha, R is for Resilience and the T is for Tikanga. The teaching and learning that happens at Kindergarten reflects our shared values.





while attending to their patient Ellie (4).

Showing off the new Kindy logo are Khorys (4), Azaria (4), Celeste (3), Maggie (4), Zachary (3) and Amahli (3).



Twenty five cyclists raised \$17,000 for the Cancer Society by riding around the mountain on Daffodil Day. Having left New Plymouth at 6am they made their way around the coast, passing through Opunake and Manaia on the way. They stopped for refreshments in Hawera before leaving for Ngaere, expecting to make it to New Plymouth at around 4pm.



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Manaia Women's Institute report

The September meeting was held in the lounge of St. Cuthbert's Church, Manaia on Tuesday September 6. The roll call was Garden Plant Exchange.

Daphne Ashley demonstrated how to make newspaper pots to

plant seeds in, and Phyllis Malcolm gave us some tips on how to grow cuttings.

Competition results: Shrub: 1st Daphne Ashley, 2nd May Mulholland, 3rd Joy Brogden. Any other stem: 1st Daphne Ashley, 2nd Ann Chisnall,

3rd Joy Brogden. Home Craft – 3 lemons: 1st Daphne Ashley, 2nd Ann Chisnall, 3rd Phyllis Malcolm. Hand Craft – pin cushion: 1st Ann Chisnall, 2nd Daphne Ashley, 3rd Janice Walsh. The wondering coin was won by Ruth Binns.

On this month in history Lord Nelson born

On September 29, 1758 Admiral Lord Nelson was born. Despite being a sickly child he was determined to be a sailor. At the age of 12 he joined the Royal Navy and was a captain by the age In 1798 he prevailed at the Battle of the Nile when most of the French fleet was destroyed.

However, he lost the sight of one eye as a well as an arm while fighting.

He rose to the rank of admi-

ral. At the Battle of Trafalgar in 1805 he masterminded the win over the Spanish and French (off the coast of Spain), but was killed on his ship the 'Victory'.

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Four inventions chosen to represent NZ

A handheld camera that avoids the shakes, a temporary habitat for stranded wildlife, a swimming prosthesis and a concussiondetecting mouth guard have been announced as finalists in the New Zealand James Dyson Award 2016.

The international design award is run in 22 countries to recognise emerging designers who have developed inventions that solve everyday problems.

Zealand New entries will progress to the international James Dyson Award competition . James Dyson Award New Zealand head judge and president of The Designers Institute Mike Jensen said all four designs demonstrate innovative and inspiring solutions to common problems. One, he said is 'design thinking is brilliant

innovation at its best." Kapiti based designer Geoff Desborough and his brother James, have designed a camera gimbal for hand-held filming of action sports. With existing products cumbersome and offering less physical protection, Geoff's digitally designed and fabricated product protective, lightweight compact, and user-friendly.

"My product stabilises a camera so that filmmakers can get amazing footage of things like action sports, especially where there is a risk of damage to the equipment," says Geoff.

The judges said the "ergonomics and balance suited outdoor activity," and it was great to see a designer act on their own personal experiences to intuitively design a product solution they are passionate about.

DR.POW (Deployable Rehabilitation Pool for Oiled Wildlife)by Wellington designer Cameron Holder self-deploying, a temporary pool that helps in the rehabilitation of wildlife during oil spills.

"DR.POW creates an encompassing solution to address an important issue that impacted New Zealand when the Rena disaster happened," says Mike Jensen. "Designed in consultation with Wildbase Hospital in Palmerston North, the pool habitat is engineered to self-expand as it fills with water so it minimises labour, while the care and storage of wildlife such as penguins, seals and other birds can happen

in a safe environment." The FreeSwim Prosthesis by Nelson designer Stuart Baynes is a swimming prosthesis developed to help lower leg amputees to walk unaided to the pool, dive in, and swim with symmetry and ease. The judges said the biggest problem for lower leg amputees is not swimming, but getting in and out of the pool which requires the assistance of pool lifeguards

using a pool wheelchair. "Wearers can swap out their walking leg for the FreeSwim one, walk unaided to the edge of the pool, and dive in. Once in the water, a sheath slides off revealing the fin and the wearer can swim or job with normal action in a straight line.

The prosthesis can be customised and made at an accessible cost. "It imbues confidence and independence previously lacking in existing prosthesis and does an incredible job of enabling people to have a better life," said the head judge.

Nerve is a mouth guard with motion sensors worn by rugby players to identify concussion risks after the player has taken a rough knock.

Designer Spencer Buchanan played rugby for most of his early life. "While growing up, I suffered from several concussions playing rugby and I was amazed at the lack of education and awareness around such a serious and life threatening issue," he says.

The mouth guard design utilises inertial motion sensors that identify forces transmitted to the head but are missed by the human eye. An athlete's historical case notes are stored in an app, and when calculated with the real time data transmitted via the mouthguard, a sideline doctor can make a quick informed decision whether or not the player should stay on the field or return to play after suffering a head knock.

About Nerve, the judges were impressed, saying it is a "fantastic concept that can help a real problem in contact sports. Clever thinking.'

In 2001 New Zealand was the first of the British technology company's international markets to run a national product design award, which is now open to design students and graduates in 20 countries. The New Zealand programme is held in association with The Designers Institute and IPONZ. James Dyson, inventor of the eponymously named vacuum said problem solving is at the forefront of what he will be looking for in the final judging stage. "We're looking for designers who think differently to create products that work better, and engineers who follow an iterative design process. We want to see rough and ready prototypes. Products that have a significant and practical purpose, are commercially viable, and are designed with sustainability in mind.'



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Local Body elections

Friday, September 9, 2016

In this and the next edition of the Opunake & Coastal News we are profiling candidates standing in this year's Local Body elections. Candidates were invited to write a little about themselves and what they stand for. Further profiles will appear in the next edition of the paper.

Taranaki Regional Council South Taranaki Ward



Neil Walker

Neil Walker is seeking your support to be returned as your representative on the Taranaki Regional Council. As Chair of the Policy and Planning Committee and also the Waste Management Committee he feels that there has been steady progress over the last three years but there are many more things to do in the next three years. "Taranaki is a beautiful and unique place and that must be protected and enhanced but we also need to press on with our economic life."

Neil wants to be able to continue to work on the development of initiatives based around our wonderful tourist assets especially those associated with Mt Taranaki, and the regional gardens like Pukeiti, which are currently going through a major upgrade, and are something we can be truly proud of. The Mt Messenger highway upgrade will help to increase visitor numbers so more people can enjoy the natural beauty of Taranaki.

"I am excited at the prospect of Project Maunga totally

eliminating pests from Mt Taranaki and its surrounding bush," he says. "This project complements the Coastal Plan which will protect the coast line. Providing leadership in biosecurity, environmental sustainability and handling the effects of climate change is something I am passionate about, and as a regional councillor I am always looking for ways to move our province forward in these areas." Neil is also interested in recycling and the minimisation of waste, and is keen to continue to be involved in the development of the new state of the art landfill at Eltham which will replace Colson Road.

Neil is much involved promoting environmentally sustainable industries for back country

Taranaki.

"This part our province has seen the least development and has economically struggled when compared to the ring plain with White Gold (milk) and Black Gold (oil). Already bees, timber trees, manuka and carbon plantations are beginning to enhance these areas and give people a better income and more jobs. Working within the Regional Council I want to be able to further promote and encourage these initiatives."

Neil has a very wide portfolio of other community interests including health, disability services, education, justice, social services and community care, and being a Regional Councillor allows him to advocate for the community at both national and regional level. "I really enjoy working on these community projects and seeing new projects through to completion" he

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VOTE **CLEM COXHEAD**

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Authorised by Clem Coxhead, 3 Disraeli St, Hawera

New Plymouth Mayor Candidate



known as Matua Clive. I am a local resident who has been happily married for 30 years, with children and grandchildren that have a rich and

diverse history in Taranaki spanning many generations. I teach children across the region, run my own successful business, proudly deliver the annual Taranaki Puanga Festival that will see its 12th year in 2016 and have been elected chair of my Hapu and Marae Boards

tunity to encourage and harness these differences to make the council more relevant and approachable.

Embracing and recognising that people with different backgrounds, skills, attitudes and experiences bring fresh ideas and perspectives to a broad range of issues concerning education, environment, economy and society. A diverse body of people can offer a wider perspective in virtually any situation making the most of our resources, enriching residents' lives and building a sustainable future. I plan on bringing the best of both worlds to strengthen and unify all communities of Taranaki for the betterment of all.

for the past two decades. I want to strengthen com-Matua munities and connect people of all generations, by us-Clive Tongaawhikau ing what we have available Tēnā koutou katoa, locally to facilitate initiatives and opportunities that are inclusive and build Taranaki pride. We have the oppor-

Taranaki Regional Council Northern Ward



Vicky Dombroski

What is the one issue I would like to tackle if I was elected? With my experience understanding statutory processes, policy

development and methods of implementation in a local government context, I hope to explore and advocate for underutilised 'methods,' as outlined in the TRC Regional Policy Statement, methods that empower and educate communities, thereby allowing them to take more responsibility for the wellness of their local ecosystems environment. So, rather than Taranaki Regional Council environmental activities happening 'to them' and their environs- the activities will be happening 'with' them and 'for' them.

Environmental issues are very much at the forefront of global and local conversations, and dominate

the news, as they should. It's time for communities and their representatives to rally for our ecosystems- without a healthy environment we will have no eco-nomy.

Your vote for me as Taranaki Regional Councillor, would ensure advocacy for rural people, communities and towns along with the opportunity to resolve their own local environmental issues in a way that resonates with their values and livelihoods.

Balanced decision making, community ownership and education is the key to restoring the environment whilst growing the economy. Would appreciate your vote; Vicky Dombroski



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Please, please take the time to vote!

Authorised by Bryan Roach, 296 Opua Road, Opunake

Eltham Community Board



Karen Cave

My name is Karen Cave. I'm married to Darryl and we have three children, aged 21, 19 and 14. I've lived in Eltham for over 20 years

of you would Many have met me in one of roles, either through Community Board, Eltham Community

Development Taranaki ELearning Trust which runs Computers in Homes in Taranaki, through my Nutrimetics business, or out and about when I'm being 'reporter' for the Eltham Take Time Out facebook page.

I have learnt so much in the past three terms that I have been on the Eltham Community Board about Council policy and procedure and how things run. I have had the privilege of meeting so many committed and passionate people who all have the goal of making sure we have a great place to live.

I'm seeking re-election for the Community Board, as I enjoy being an active part of our Community, and want to continue to be part of a team that can make a positive difference for the Eltham Ward.



Wendy Barry

I have lived in Eltham for 22 years. I'm a wife and mother. I have five adult children and 10 grandchildren. When we moved here my children were young and we used Eltham to the max. Now some of our grandchildren are here using our town's facilities. I am comfortably retired and feel that I have an abundance of time to commit to this position. I

am currently serving on the Eltham business and professional association, Eltham School PTA and the Save the Arches Committee. I enjoy the time I spend out in the community helping to achieve our goals.

What would I do if I was elected? For me I see the role of a community board member as being an advocate for Eltham residents to achieve the worthwhile things for our town we need to work together as a big unit, residents - community board council.

I consider it important to keep family units catered for in our community.

Our town needs promoting to enable growth and I'm a firm believer that if we don't use we may lose. I'm passionate about our town, and my promise is to be your advocate.



Maree Liddington

I have a passion for small town NZ, but am aware that it is easy for small communities to get overlooked in the bigger picture. That is why I believe that Community Boards have a place today.

I have a background in work with community voluntary organisations, IHC, and the Presbyterian Church. Past coordinator of The Village Gallery for eight

years. Member of the Eltham Development Group, Eltham Historical Society, supporter of Rotokare Scenic reserve.

After three terms of office it is good to look back and see what has been achieved in the town: completion of the 'Arty Loo' project, Eltham Skate Park, a new bus shelter, Stage 1 of Park upgrade, Bridger drinking fountains and new seats around the town.

On-going projects I wish to see completed in the coming term are: the Multi Sports Facility at Taumata Park development of Bridger Park and a new entrance way from Bridge Street, development Soldiers Park, and walkway, encouragement for the Kaponga community to revitalise the town, and continued improvement of our roads and services.

I would like Eltham Community Board to be known as the board 'that made a difference.'



Wendy Miria Eynon

This weekend saw me commence my campaign in the Community of Kaponga. I soon found that my intentions to cover the entire township in a day was not to be. What an eclectic and colourful community I

I think this pretty much sums up my reason for running for the Eltham Community Board. Representation that has an understanding and embraces the diversity of their community and the ability to relate to people from all walks of life is what it takes

48A Rata Street, Hawera

Community Board member.

In my election profile I asked the question "what are the possibilities for small towns like Eltham and Kaponga?" and from what I am observing in my short time of engaging with community is that active citizenship is "alive and well."

I listened tentatively to each of the concerns that our people here have for their township. The hopes, dreams and heart that community members hold is inspirational.

It is this positivity that I want to ensure continues to flourish and come to fruition. A vote for me will ensure that active citizenship is supported and grown in our little area the "jewel under the mountain.'



Alan Hawkes

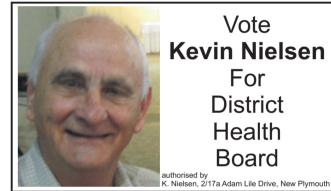
I am standing for a fifth term on the Eltham Community Board. I have brought a practical and rural view to the board for the last 12 years and if elected again, intend to continue to do so.

I farm in a family partnership of dairy, sheep

and beef at Rawhitiroa since 1979 and more recently the hills at Maata-Tiromoana.

The community Board members are there to look after our community and put your concerns and projects to Council. I believe my rural view and balance is good in this arena.





Vote **Kevin Nielsen** For **District**

Health

Board







Please phone the Cottage on 761 8009 for further information.





Taranaki District Health Board

Friday, September 9, 2016



Alison Brown

During my 40 years service at TDHB in various nursing roles I have had a close association with management, both nationally and locally, as a lead advocate for nurses and a strong campaigner for patients and their rights. I was awarded Honorary Life Membership to the NZ Nurses Organisation for Services to Nursing.

I have close ties to rural sector extensive knowledge understanding and health services from both community/rural hospital perspectives. In my view, a strong Health Board should be transparent, and should consult and listen to the community it serves.

My passion is to ensure that all people of the Taranaki region have access to appropriate timely healthcare services. I believe that healthcare, regardless of income or location, is a basic human right.

I am a member of the **TDHB Advisory Committee** for the Health of Older Persons and am an active member of Grey Power New Plymouth.

My aim is to give a voice to the ageing population of Taranaki on Health Services and ACC.

role covered allied and

community services, which

included the Opunake

We deserve better.



Brien John Bennett

As a semi retired chartered accountant, I believe that my wide experience in senior management and administrative roles over many years, gives me the background and knowledge to be able to contribute significantly and effectively to

the efficient operation of the Health Board, for the benefit of the Taranaki community.

I have lived and worked in Taranaki all of my life. Consequently, I have a good knowledge of the needs and wishes of the people of Taranaki with regard to health care medical services.

In addition to ensuring the provision of high quality health services to all of those who need and require such assistance, I am particularly interested in the provision of these services to the more senior members of the Taranaki community. In 1984 I was awarded

a Queen's Service Medal (QSM), in recognition of my service to a sport Provincial, National International level.



David Showler

David has lived in both Hawera and New Plymouth since 2001. He is a trustee of the Positive Ageing Trust and the Taranaki Community Health Trust, and is also a member of the Hospital's Older Persons Consumer Reference Group.

As well as fully committed to the health and wellbeing of the Taranaki community no matter what age group, his special areas of concern encompass those living in social isolation, especially

doctors how can we save

money without reducing

South Taranaki needs more

GPs, and they in turn would lighten the load on our ED

Department. Last year,

17,200 people presented

themselves at the Hawera

ED. That is 47 per day. The largest portion of these

people should have been

seen by their local GP if

I have heard it said the

present DHB preach how

can we save money? It

should be asking how can

we give better service? The

Hawera Hospital should be

there was one.

services, not telling them.

and fear. The issue of the ever increasing ageing population which has already resulted in many elderly people being declined elective surgery and treatment by the hospital due to lack of funding, or unable to carry out necessary surgery within the four months waiting time stipulated by the Ministry of Health, or in the first instance the patient declined an appointment for assessment notwithstanding they have been referred by their doctor or surgeon. This situation will only grow, and has to be acknowledged by the Board as critical as the elderly are now feeling unwanted, ignored and disillusioned by the health service.

in rural areas, their loneliness

David believes it is of paramount importance to visit and consult with all communities throughout Taranaki relaying their concerns to the Board.

Maoridom. Their health and life expectancy is third world. Not good enough.

Education must start at Kohanga Reo and Kindergartens, with exercise and lowering sugar and bad fats. Drugs and cigarettes are a no no. We are only here once, and everyone deserves the best possible care and

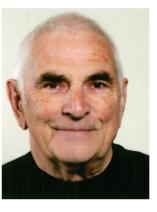
attention. I pledge that I will work for the whole of Taranaki, ensuring that we have the best health available. I against compulsory medication(Fluoride-if you want, you buy).

healthy vote for Garth Weir.



My major focus will be wellbeing,

I offer integrity, public leadership and experience; together with a passion for community input towards Regional Health Care.



Garth Weir

The core business of a hospital should be to look after the sick, ailing and dying people.

The DHB should be asking

an extension of Base. must embrace I ask you to cast your

Make Joyce your choice

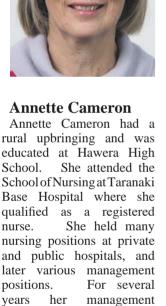


VOTE Michael Joyce

for Taranaki Regional Council

- Understands South Taranaki issues and represents the interests of ratepayers and residents
- Will continue to ensure balance between care of our environment and progress and growth for the region
- A common sense approach and experience in a wide range of disciplines.

Authorised by Michael Joyce, 354 Taikatu Rd, RD 28, Hawera 4678



Health Centre and District Nursing services. She was aware of the difficulties that living in a rural community, away from a hospital and specialist services bring. She was also aware of how resourceful local communities are, and the importance of accessing information to manage their own health with the assistance of health care

professionals.

A creative problem solver and very organised person, Annette now has the time and commitment to fulfil the role of TDHB member. Her extensive career working in health, the knowledge and skills attained, and living in Taranaki most of her life, makes her an ideal candidate to represent the Taranaki people.

David Lean

Primary and Secondary health services; together with health promotion and educational strategies that increase community throughout Taranaki.

I have a proven record of community leadership and governance experience in Taranaki and am keen to be involved, positively, in decision making affecting the region's future health



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Taranaki District Health Board



Elizabeth Plant

I am standing for the Health Board as I believe I am uniquely placed to serve the people of Taranaki due to my extensive experience working in health, both locally and nationally for over thirty years, and as an experienced board member.

I am committed to ensuring that TDHB provides the best services possible within the funding it receives. I have always strived to achieve this with the roles I have previously held working at the DHB- Chief Pharmacist years), Pharmacy Portfolio Manager (two years) and Director of Management Medication (five years). I left last year to set up a medication management consulting business.

I have a full understanding of the new health strategy, what it means for the Board and how it should improve the health of Taranaki people. I am passionate about ensuring patient safety, and that people have a positive experience if they are using health services.

Masters in Health Sciences (Distinction). I was President the Pharmaceutical Society for five years and also a ministerial appointment to the National Health IT Board for eight years. I was also Chairman of the Board of Trustees, Highlands Intermediate for three years.

I am a pharmacist with a



James Reo

What do you need of the TDHB? It is more than just some hospitals. It provides a range of medical services to the communities surrounding our great mountain. Things like care through doctors (GPs), dentists, specialty services, Maori and mental healthcare providers, rest homes, hospitals and much

Your vote this year is extra important. That's because an unusually high number of the present board members are finishing. So a lot of knowledge and experience will disappear when funds are in short supply.

I have experience on the boards of other health care organisations and am standing as an independent representative. So I will represent people politics) on the board of the TDHB.

My surname (Reo) is the shortest on your TDHB voting papers, and it matches my mission. I want to create the shortest waiting lists possible. This will result in: less suffering for patients and families, less re-scheduling and embarrassment for staff, and more health care services for everyone.

Vote for me (Reo) so that the community benefits from my previous board training and experience, and my career of improving productivity. Your vote for me is also towards clearing the backlog and getting better medical services. Visit www.jamesreo.com



John Moore

District Health Board.

John Moore from Eltham

is standing for the Taranaki

"I am one of some of the

28 standing, and would like

to see some changes: More

openness at board meetings,

and less done behind closed

Kevin Nielsen

Born in Taranaki, all schooling was Rahotu and Opunake, and apart from three years in Christchurch, I have lived all my life in Taranaki. I am married to Karin, and have three married sons and three grandsons.

Hospice NZ for nine years.

Having served as an elected member of TDHB for the past three years as chair doors. More public concern at the coalface, and more workers, less chiefs.

Having been in a few times at Hawera and New Plymouth hospitals, I know first-hand what staff contend with.

With government and heads of hospitals changing the rules, I want to find out whether health boards really have much say on improvements.

"I am also standing for Eltham Community Board, again I want to see less done behind closed doors, and more public concern for our small town."



My working life was at Taranaki Newspapers for 36 years, the last 16 as General Manager. Chief Executive of Hospice Taranaki since 2002, and Board member of the Hospital Advisory committee has given me a very good understanding of the challenges we face. If re-elected my priorities

would be:

Minimising the financial deficit of our Taranaki hospitals is the highest priority. Primary care must not be compromised through having funding diverted to cover the hospital deficit.

Secondary and primary health services must work collaboratively, ensuring the most cost effective services. Right care, right time, right place.

Quality end of life care is a high priority, while focussing health promotion, prevention and education strategies, so that over time demands on secondary health services will decrease.

Quality health services are available to all Taranaki people.

Vote for vision, experience, integrity, enthusiasm and accountability.



Neil Evetts

I have recently retired as a partner in PwC (previously

Stratagem) having spent over 40 years as a Chartered Accountant.

I am a member of the Institute of Directors and am currently on the Hospice Taranaki Board (Chair of Audit and Finance), NP Golf Club Board, Conductive Education Taranaki Trust (Chair) and hold other directorships.

I have previously served on the Taranaki Polytechnic Board (WITT), NP Rangers AFC, and Taranaki Football Association in various roles.

I am skilled in Financial Management and Strategic Planning, and believe these would be beneficial to the Taranaki District Health Board. Through my former clients I have had involvement in the health sector over a number of years.

I see the TDHB board role as extremely important to our community. It is the Government are spent in such a way as to deliver the best healthcare possible within the bounds of those financial constraints. Being Taranaki born and

vital that the health dollars

made available to us by

having lived here all my life I am extremely proud of our City and Province. Being on the TDHB will give me further opportunity to give something back to Taranaki

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Taranaki District Health Board



Kura **Denness** I have been involved in the governance for the health and social services sector for 18 years. During this time I have been on the boards of PHARMAC, Tui Ora, TSB Community Trust, Allied Laundry, Te Aroha Medcare, Medical Laboratory Science Board, Medical Sciences Secretariat Limited, Hauora Taranaki PHO and the Midlands Regional Health Network Trust. I was also on the Board of Taranaki DHB for nine years as a Ministerial appointment. I have also served on boards within Te Atiawa iwi. I am a fully qualified accountant and a member of the Chartered Accountants Australia and New Zealand. I am also a member of the Institute of Directors.

I live in New Plymouth and am passionate about the services provided in province Taranaki the Taranaki DHB. I am passionate particularly about health being provided accessibly, equitably, and professionally to all. For those who are physically, mentally or economically disadvantaged, access to health services should not be blocked in any way. Having to wait for a week for access to a GP is unacceptable. It should be understood that not everyone has access to a reliable motor vehicle or child care to enable them to attend health appointments.



Servaas Botha

I am a great supporter of acknowledging success and achievements, and I am very glad that both the CEO and COC were promoted from within the TDHB. I will support and push the TDHB policies and initiatives to promote equality and fairness by ensuring that all roadblocks are removed that hamper learning and development. Learning and development

are very important but so are the needs and aspirations Maori, other ethnic minority groups and people with disabilities. Also important is a fair and transparent process for promotion and recruitment.

As a qualified MBA and Chartered Accountant, I have the knowledge and experience to participate in the governance of a Not For Profit organisation like the Taranaki District Heath Board (DHB).

I have put my hand up for election on the Taranaki DHB because I believe I have the experience and the compassion to listen to what the needs of others are. A continuous regime of professional development ensured that I stayed in touch with a changing business world.

This is also my chance to give back to a society that accepted me as one of their



Friday, September 9, 2016

Lyn Humphreys

I was born at Opunake Cottage Hospital, just 100 metres down the road from my family home. Ironically now I'm getting older, the beautiful old building has been transformed into a highly-regarded resthome - and I may even spend my last days there.

I am keen to become a member of the Taranaki District Health Board after spending 30-plus years working as a journalist with the Taranaki Daily News, many as a health reporter. It was a steep learning curve. My bedtime reading often consisted of board agendas. so the complexity of our health system holds few mysteries for me.

representing community, I will be able to put that knowledge to good use and work my hardest to ensure we retain and improve our services.

My wish is to see more openness at board level in order to better inform our community and so we can all be involved in planning for the future. Fighting to improve funding for what is a severely cash-strapped sector is also high on my list.

I hope the Opunake News readers will give me their tick. In return I will do my best to serve the Taranaki community with integrity and common sense.

DON'T FORGET TO VOTE

Egmont Plains Ward



Clem Coxhead

I started life as a farmer in Te Kiri before taking a career in Life Assurance on South Taranaki. I moved into management and spent time in Wanganui and Palmerton North.

I gained a good insight

into local government as the Public rations chairman and later Public rotations officer responsible for developing Palmerton North into the successful conference city it is now.

I then spent some 25 years in Sydney, Australia. During that time I ran a successful recycling businesses collecting glass, cardboard and aluminium in the greater Sydney basin. This was a free service to the community as we sold the product. Councils then decided to do this work. I am interested in the fact that systems we tried and rejected some 15 years ago have been implemented here in past couple of years. I then worked at the local landfill as a supervisor where our main mission was to convert a landfill with a five year lifespan into a recycling centre that will be there forever.

During this time I was responsible for the safe disposal of lechate waste water. From that, I have taken a real interest in water quality and the safe treatment of water

I believe I h v a good understanding of our local issues with a long family history of council and community involvement and I look forward to contributing.



Kelly Knadle

My name is Kelly Knadle, from Salt Lake City, Utah and I'm running for Egmont Plains Ward councillor so your voice can be heard, and together we can get things done around here.

I would like to bring 'Growth and Prosperity' to the unique and beautiful coastal community Opunake, by highlighting what Opunake is renowned for, its two magnificent surf beaches. Each location has spectacular cliff top bays

with green belts that could be enhanced for viewing and recreation, bringing more visitors annually. Attractions bring new people with new ideas, promoting growth in the form of amenities, services and new building construction.

My wife ad I h d live d in Au kand for many sy ars before startig on search for the id al pace to live in the North Islad It had to b a coastal town with a mota ainv ew.

Op k 'is that place.'

It's the 'n arest coastal' town to Mon Taranaki with the bonus of a lake for recreation. I want to introduce Opunake's natural beauty to the rest of New Zealand in hopes of bringing people with families to live and prosper here. With your vote and support and my experience in property development, we can make this happen.

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Planting day fun for everyone

Hawera High School students showed how much can be achieved in numbers when 45 of them dug in more than 1000 plants on a Manaia property last month.

The group is in the school's Primary Industries Academy Programme, which has 100 students across Years 11 and 12, and undertook the riparian planting exercise to protect and enhance water quality as part of their studies.

The academy's Head of Department, Malcolm McKercher, demonstrated the correct planting method and then the students were away, planting side-byside along streambanks on Phil Nixon's property, and being assessed on whether they consistently repeated the correct skills.

"We cover farming, horticulture and forestry," Mr McKercher says of the two-year programme. "The idea is to complete a NCEA Level 2 Certificate, Introduction to Primary Industries. It also counts towards a New Zealand Certificate in Horticulture or Agriculture."

Overall, the school has more than 150 Years 10 to 13 students studying primary industries, "with an emphasis on exploring and getting started on vocational pathways in this huge industry", he says.

Taranaki Regional Council Land Management Officer Aubrev Day oversaw the planting exercise and explained the region's long-standing riparian management programme, which has seen thousands of kilometres of fencing and planting done by farmers on Taranaki ring plain stream- and riverbanks. This equates to 84.4 per cent now protected by fencing and 69.5 per cent protected by vegetation.

"This programme is significant," says Miss Day. "It's transforming the landscape in Taranaki. If you think of all of the rivers that are protected by riparian planting from the mountain to the sea, it's a lot."

She was impressed with how much the students achieved over three hours, saying they were quick, courteous, enthusiastic and hard-working.

"It's a win-win for everyone when you've got an organised group like this that helps farmers with their riparian planting.

"It's a good way to fundraise or gain practical experience, and it's great for



Malcolm McKercher explains the correct planting method.

the farmers because they get a huge amount of riparian planting done affordably and in a short time during their busiest season."

The 2020 finish line for riparian planting and fencing completion is now in sight. Farmers should be planning ahead and ordering their riparian plants now for 2017 and 2018. In doing so, they'll get 10 per cent discount on their 2018 plants.



Hawera High School student Dominic Elliot during the riparian planting day at Manaia.

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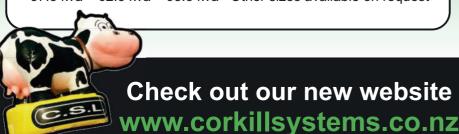
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The Cost of Calving Date

going into the second round creates a few more problems than we give it credit for. A step in the production curve is easy to see but the effect on reproduction is subtle no matter what farm system you run. A cheap and easy way to help this problem is a later calving date. But only a discussion on stocking rate causes more apoplexy in farmers.

different With farm systems, different scenarios do develop with grass deficiency. System one and two farms manifest as a simple feed deficiency - no surprises there. The herd will be prone to persistent negative energy balance after calving, be slow to cycle, have an increased number of short returns and more phantom pregnancies. High rates of urea to boost low covers drives up protein content at times to very high levels. In association with an energy deficiency, these high pasture protein levels



Pat Poletti

cause additional problems for cows at mating.

At higher farm system supplementary inputs, feed aims to bridge the feed gap before balance date. But grass deficiency still creates problems with repro, particularly in high producing cows. Notwithstanding a raft of issues come into play with system four and five farms. These include quantity and quality of supplementary feed, how you feed it, how well you can mix it, and changes in mineral profile. These are all potential ways for it to go wrong. Increase these inputs further in a tighter spring and before you know it, in contrast to all-grass systems, a protein deficiency develops. And in more extreme situations the effects are devastating.

Maize silage is the most common bulk feed used, with grass silage, PKE or combinations of the three. Maize silage is very low in protein. Grass silage is highly variable and often much lower than expected. There is a common misconception that PKE is a protein source - it's not. At best there is just enough protein in its own right. At worst PKE protein is largely indigestible. But the reality remains, adding PKE to maize silage does little to improve the protein situation.

Protein rich feeds such as soya meal, DDG, canola and cottonseed are expensive at around \$1.50 a kg of protein. However, leafy

spring grass is an excellent protein source and it costs about 60 cents a kg of protein. Given the expense of protein supplements, there is a tendency to hang tight and box through the lack of grass - because it will grow soon, won't it? However, when low protein hits the production curve and impacts on reproductive performance, being short on grass is a very expensive problem and an expensive problem to fix.

Clearly, a cheap solution is to put the calving date back a bit and better match grass supply with demand. Even 10 days can make a considerable difference. Lost lactation days will be more than made up, by promoting a compact calving. And, milking later into the season becomes an option with a lot of flexibility to milk on or dry off depending what the season offers. Worth thinking about eh?

between 87 per cent and 114

Pat Poletti

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STOCK WANTED

4 Day Old or older Frsn, Frsn x Heifer Calves Yearling Frsn Heifers Paying \$900 Jersey \$800

Late calving or in milk Frsn, Frsn x or x bred cows

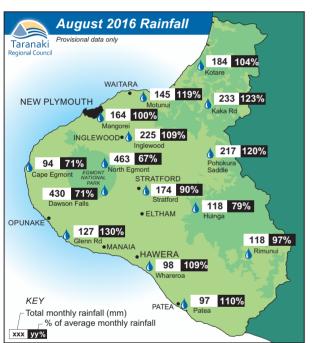
LEASE BULLS AVAILABLE

All Breeds

Contact Malcolm Campbell M 027 234 0635 - www.mclivestock.co.nz email: mclivestock@xtra.co.nz



Varied rainfall figures for August



Rainfall for August 2016 was quite varied for the region with percentages ranging between 56 per cent and 130 per cent of normal, according to Taranaki Regional Council figures. Their rainfall sites on average recorded 96 per cent of normal. There was rainfall on between 10 and 14 days throughout the region, while the mountain rainfall sites had rain on between 17 and 19 days. It is considered a rain day when there is at least 1.0 mm of rainfall recorded in any one day. The rainfall site at Kahui Hut recorded only 297.5 mm of rain for August, which is 56 per cent of normal. The Kaupokonui River site near Manaia recorded 127.0 mm for August, which is 130 per cent of normal for the site.

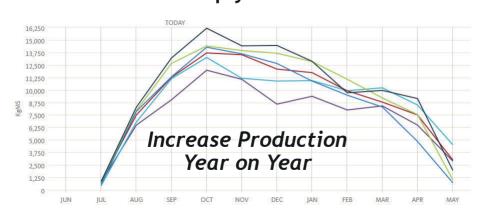
to date rainfall is

per cent with the average rainfall being 100 per cent suggesting that the sites are generally on track to record near normal rainfall for the

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like they should be?



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TRC and QE2 Trust partnership bearing fruit

The Taranaki Regional council and Queen Elizabeth II Trust working together are stimulating an acceleration of covenanted areas in the Taranaki region and the next year will see even more covenants being gazetted. This follows on from the recent agreement between the two to coordinate covenanting systems

Neil Walker, chair of the Councils Policy and Planning Committee had earlier said there was a queue of land owners wanting to set aside protected areas, but these could not be actioned due to lack of funds. Since then, representations made to ministers and the National Trust has led to more resources being available to push things along. Councillor Walker said that if everything goes to plan Taranaki would produce nearly 25 per cent of the new covenants in the country during this round. At the same time larger areas of land are now being covenanted.

"What we are now thinking about is getting neighbours with suitable areas of bush to form 'chains' of covenants which can be linked up to produce larger blocks of land in permanent native bush. To have areas contiguous to each other is clearly very important for Kiwi and for other native birds. Nor

should it be forgotten that the Council's riparian river programme provides links between these larger areas."

Councillor Walker himself already has four QE2 Covenanted areas and a fifth one is pending. This last 105 hectare proposed covenant is on the banks of the Mangaone stream, a tributary of the Waitotara River in East Taranaki. There are already three QE2 Covenants there and another neighbour is considering the possibility of developing one as well. This could become a large area of undisturbed bush in perpetuity.

The QE2 designation protects an area and turns it from what could be a long

term cost into a valuable asset which the owner can be proud of. There are also various forms of assistance and rates relief which can be accessed.

While there has been a discussion about the importance of growing more plantation trees to help mitigate climate change, it should never be forgotten that the native bush of New Zealand continues to be the greatest and most effective carbon sink of all. Native trees like totara, kauri and rimu are slow growing, but over long periods absorb huge amounts of carbon and these trees will never ever be cut down under any circumstances.

Pet theories don't make water safer

-Federated Farmers urges the public to apply some good old-fashioned common sense and scrutinise the statements of activists as they push their anti-farming agendas in the wake of the Havelock North water-borne gastrointestinal disease outbreak.

Top of the list would be Dr Mike Joy's statements on The Nation last Sunday where he said:

"Central and local government had allowed massive intensification [of dairying] that had caused the problem' when in fact the closest dairy farm we can find is some 40 kilometres away," Federated Farmers

president Dr William Rolleston says. Or his statement that

"animals have to come out of agriculture."

"The sanity of this

"The sanity of this statement for New Zealand can stand on its own merits."

"In the context of this bacterial episode he said that 'over time you find it deeper and deeper and deeper [in the groundwater]' when it is known that as water penetrates the ground, bacteria are progressively filtered out and their survival diminishes." Greenpeace have waded in with a rant about the Ruataniwha dam and the evils of water storage, but didn't mention Timaru in South Canterbury derives a significant percentage of its town water supply from the successful Opuha Dam.

Others have used the

episode to have a go at Overseer, claiming councils are relying on it to manage bacterial risk, when the computer programme models the flow of nutrients in the root zone of soil, not bacterial flow into underground aquifers.

Photographs in the media this week of beef cattle standing in the Tukituki river failed to mention the site was downstream from the Havelock North bores.

"Unless the theory of gravity has changed this is unlikely to be the source. It is worth noting that Waipukurau's treated sewage water outflow is in the catchment above the bores but this somehow doesn't fit the activist agenda," Dr Rolleston says.

There is no question that animals and birds, both

wild and on farm, create an opportunity for pathogens in the environment. So do humans for that matter.

Councils have a responsibility to assess and mitigate credible risks which exist in the environment when it comes to drinking water.

There has been a systems failure and 4,000 people got

"The only way to reestablish confidence in the Havelock North water supply is with good factual, science-based evidence gathering. That's what the councils, the Ministry of Health and the local community are trying to do.

"Distracting rants about building dams, wandering stock and activist theories do nothing to fix the system faster," Dr Rolleston says.



& Gary Langlands Contracting



0800 BULL HIRE 285 544

What's Washer & Co 0800 BULL HIRE up to?

The Bulls are all wintering well and are getting ready for Sale, last Thursday in September.

Ring Sean 0800 28 55 44

0800 4 SPILT MILK

will be collecting Colostrum now.

Unlike the big companies no drop in price; same as last year prompt payment; no shares to supply; no cell counting; no riparian planting, or extending your tanker turn round. BUT we do have a water, detergent and acid exclusion policy please. Ryan and Bevan are the truck drivers and will sort you out.

Ryan has a heap of Coastal Rugby championships on his mantelpiece nearly as many as Arran Gopperth.



The team. Manager Sharon Nuku, Alycia Lang, Puanini Tahau, Isabelle Cook, Olivia Bright, Coach Angelo Hill.

Simone Cook, Jakartia Munro-Smith, Krysten Johnson, Jessica Roach, Tiana Vai Taamaru, Tara Clement

And now the nationals

The Opunake High School Girls A Basketball team won a regional small scores basketball team held in Tauranga late last month. This means they have qualified as the number one seed in the north region. They will now compete against 11 other schools in the nationals to be held in

the first week of the school holidays.

Opunake beat Reporoa College 79-34, Wharekura o Rakaumaga 80-36, Aquinas 74-33, Te Aroha 99-74, and Waihi 73-40. In the final they defeated Stratford 55-45.

"The team played extremely well over the course of the tournament, with all players contributing and playing at a high level. The team represented Opunake and Opunake High well on and off the court.

Five of the team have represented New Zealand at various levels.

Families' wish for shooting to continue

Cameron families' wish, that Wednesdays club night continue as normal. Club members felt deeply for their sad loss of a loved Mother and Father in-law. All of the Club members sympathy go out to Cameron and Lang Families. Club champs are all but completed apart from one double card from Hayden Andreoli who looks likely to take out A grade. Hayden was right on his best form with four top cards, one that was a very good 100.7. Steve Smith had a top card after missing his first two shots, and drilled out eight perfect shots to finish with 98.8. Scores were: Kieran Taylor 51.0, 94gr, Dylan Farr88.1, 88.0, Llewellyn Farr88.1, 94.1, Alex Munro 91.2, 90.2, Dwayne Rangi 88.0, 81.0, 86.1, Clayton Robinson73.0, 85.1, Christina Starr96.3, 94.1,

Rico Symes Patterson94.3, 89.1, Tenneille Conchie Crump 89.2, 90.2, Steve Smith 97.4, 97.4, 98.8, Geoff Coubrough 93.2, 86.2, 91,2, Joe De Coster 93.2, 92.21, Hayden Andreoli 197.7, 196.6, Frank Eustace 98.7, 196.10, 193.8, Sam Gooding 195.8, 98.6, Mathew Peters

For new shooters getting over the 90 is the first challenge. Then it is to set the sights for the ultimate 100 sometime in the future. A week earlier, Christina Starr shot a personal best of 96.5 and then this week another P.B. of 98.6 good shooting.

On the grouping cards two hundreds were shot - one by Alex Munro and one by Ngatai Keonte. Bruce Cameron was shooting hot with a perfect 100.10 and three other hundreds. Cameron Jason

100.5. Results from August 1818/8/16 Dylan 75.0,88.1, Llewellyn Farr 92.1, 90.2, Alex Munro 93.3, 90.1, Christina Starr 93.1, 96.5, Rico Symes Patterson 92.0, 90.0, Joe De Coster 91.3, 92.1, Kris Chandra 88.1, 86.0, Tennille Conchie Crump 91.3,90.1, Kade Lott 90.1, 86.2, Mathew Peters 92.2, 95.2, 23/8/16: Alex Munro 93.3, 88.1, Clayton Robinson 82.1, 79.1, 78.0, Christina Starr 98.6, 90.2, 92.2, Rico Symes Pattterson 94.4, 92.1, 95.3, Kade Lott 91.1, 89.5, Tenneile Conchie Crump 76.0, Ngatai Keonte 99gr, 100gr, Bruce Cameron 198.14, 199.13, 200.13, Jason Cameron 196.14, 197.10, 197.8, Frank Eustace 98.7, 194.8, Sam Gooding 196.8, 194.11, Mathew Peters 93.1, 94.3.

Fr**k** Eusta e

AGRITECH Ltd TRACTOR & MACHINERY SERVICE & REPAIRS ON FARM SERVICING AIR CONDITIONING SERVICE, REPAIRS AND HOSE MAKING Ph 06 762 8023 SPARE PARTS & FARM OILS IMPLEMENTS & ATTACHMENTS - SALES AND SERVICE Ian Crawford FACTORY TRAINED TECHNICIAN Mob 0272 207 701 TARANAKI & WANGANUI INDEPENDENT FERGIE TRACTOR **SPECIALISTS** ISAME ILANDINI IISEKI IVALTR DAVID BROWN IRENAULT URSU A I MATBRO S I JOHN DEERE MASSEY FERGUSON I FORD INTERNATIONAL | MERLO | I MORRIS LUBRICANTS

Winter series day two dressage results

The final day of the Coastal Adult Riding Club Dressage Series was held in the TSB Indoor arena at Hawera on SundayAugust 28. Judges for the day were Chris Hobin of New Plymouth and Tracey O'Rorke from Opunake. The Series points trophies were given out with the Introductory Level going to Sarah Williams (Arum Park Christmas Eve) Stratford. Training Level to Kath Lambourn (Millenium Lady) Hawera, Preliminary Level 1 to Niki Perrett (Whistle The Blues) Hawera, Novice level 2 to Aimee Schumacher (Sir Tristan de Lyons) Stratford.

Class results NZ Riding Club Test 1A - Sarah Williams (Arum Park Christmas Eve) 1, Michelle Watkins (Scarteen Doolus) Waverley 2, Maria Laws (Graemar Showtime) Kaponga 3, Linda Huitson (Dragonwyck Flamenco) Midhirst 4.

NZPCA Test J – Belinda Wakeling (Sugar Rush) Eltham 1, Holly (Asterix) 2, Kath Lambourn (Millenium Lady) 3, Brooke Moratti (Southwind Sonny Jim) Okato 4

NZPCA Test N - Belinda Wakeling (Sugar Rush) 1, Kaydee Marshall (Freckle) Inglewood 2, Brooke Moratti (Sonny Jim) 3, Holly Watts (Asterix) 4.

NZ Riding Club Test 2A -Jenny Lavoipierre (Muffin) Inglewood 1, Niki Perrett (Whistle The Blues) 2, Kirsten Gooch (Affair) Toko 3, Nadia Huitson (Toadily



won both the Training level tests at the final day of the Coastal Adult Riding Club dressage series.

Kewl) 4.

NZ Riding Club Test 2 B -Jenny Lavoipierre (Muffin) 1, Kirsten Gooch (Affair) 2, Niki Perrett (Whistle The Blues) 3, Krissi Kain (Latte)

ESNZ Para Test Grade 1A – Luke Marr (Danny) 1.

Pairs Freestyle - Shah

Bothwell (Biggs) Wendy Pulman (Luka) 1,

Nadia Huitson (Toadily Kewl) and Sarah Williams ((Arum Park Christmas Eve)

Linda Huitson (Dragonwyck Flamenco) and Natasha Huitson (Silverstone) 3.



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NEW Numedic Hydrofan Washdown Nozzle

- 400 cow farm can save 1.2 million litres per year
- · Powerful fan action that uses less water
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Ph: 06 763 8801 - 027 681 9524

CHURCH NOTICES

Opunake & Okato Co-operating Parish **CHURCH SERVICES** St Paul's Opunake Co-op & Rahotu

Opunake Cooperating Parish St Pauls, Havelock St, 9.30am every Sunday and the **Rahotu** - Wesley - 11am first Sunday of the month. Oakura - St James - 10am, 2nd & 4th Sundays. Okato - St Pauls - 10am, 1st & 3rd Sundays.

Opunake Catholic Church

SUNDAY 8.30 am at Pungarehu (St Martins), 10am at Opunake (Our Lady Star Of The Sea).

Other areas

Manaia - Sacred Heart - 1st & 3rd Saturdays at 5pm (2nd, 4th and 5th Sat at Hawera's St Josephs). Kaponga - St Patricks, Sunday 8.45am

ALL WELCOME

THE WAVE

Pentecostal Church 64 Domett Street, Opunake Sunday Services 10.30am Women's Group 10.30am Tuesday Men's Group 7 pm Wednesday Youth Group 7pm Friday Come along or contact Pastor Murray 027 688 7378

ST. BARNABAS

Anglican Church 141 Tasman St, Opunake Sunday Services 10.00am Communion 1st, 3rd & 4th Sunday Prayer & Praise 2nd Sunday Every 5th Sunday all 4 churches gather for a Combined Service

FOR SALE

WHITEBAIT NETS New nets and re-netting at Collins Sports Centre.

HAIR ANALYSIS, shows vitamin, mineral and amino deficiencies, if any bacterial or viral infections, food intolerances, etc results back within the hour. \$90 at Hardys the health shop in Centre City. 7587553

PROTECT your immune system and help fight off bugs. Viral ex 60 caps \$29.90 savings \$15.50 at Hardys the health shop in Centre City 067587553

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SYSTEM Well covers all immune areas, ie respiratory, digestive, skin, etc, buy 90 caps receive free 45 caps, \$49.90 Hardys the health shop in Centre City 067587553

TYRES 205-55-16 x 2 almost new, still got nipples \$75 each. Ph: 06 763 8462.

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SCRAP METAL - for all scrap metal Taranakiwide, give us a call. Molten Metals (06) 751 5367 www.moltenmetals.co.nz

OLD BOTTLES and crocks wanted. Cash buyer. Ph 06 765 7071 p/txt 027 355 9378

PUBLIC NOTICES

NGATITARA OAONUI SANDY BAY SOCIETY A.G.M. **SANDFORDS EVENT CENTRE** MONDAY SEPTEMBER 19 **AT 5.30PM NEW MEMBERS WELCOME**

CHURCH FAIK

September 10th 10am till Noon The Wave 64 Domett St Opunake Food, Produce, Plants Bric-a-brac, Garage sale stuff

Call us today to advertise 06 761 7016 **Next** issue out September 23

PUBLIC NOTICES

Performing Arts Grants

Your invitation to share the dream

The Dame Malvina Major Foundation is proud to provide funding opportunities to talented young Taranaki Performing Artists.

Applications are now being invited for the second annual funding round, closing at 5pm on Thursday 30th September 2016.

Grants are available in three categories to support the cost of education, training, and development in the performing arts in New Zealand or overseas.

Secondary: For Taranaki Secondary School Students aged 12-18 years.

Elite/Tertiary: For performers from Taranaki pursuing a career in the performing arts through tertiary qualifications.

Group: For groups whose student members are based in Taranaki and are providing training and/or development opportunities in performing arts.

Also starting from March 2017 we will be taking applications for Primary School Groups to apply for funding.

For an application pack and further information, please contact Rebekah Lock on 06 757 3155 or email dmmf@staplestaranaki.co.nz



www.dmmfoundation.org.nz

Promote your events in the OPUNAKE & COASTAL

Call us today to advertise 06 761 7016 **Next** issue out September 23

2ND ANNUAL COASTAL HIGH BW YEARLING JERSEY BULL SALE

ON ACCOUNT OF THE BURMEISTER PARTNERSHIP

MONDAY 12TH SEPTEMBER 2016, 12.30PM START Julian Road Warea — behind old Warea Dairy Factory

Auction comprising of:

- 3 x 2yr old recorded Jersey bull. BW's up to 176
 - 1 x 2yr old unrecorded Jersey bull
- 40 x recorded Jersey yearling bulls. BW's up to 189
- 2 x unrecorded Jersey yearling bulls



- Bulls are well grown with great temperaments
- Free grazing available until 10th November 2016 Pre-auction inspections are welcomed
 - TB, BVD and EBL tested negative
 - Lepto vaccinated
 - Free credit until 20th January 2017 NZFLL Bull Plan available

 - Light Luncheon provided

Contact:

Agent: Bryan Goodin 027 531 8511 Tim Hurley 027 445 1167

Owners: Murray Burmeister 027 721 1282 Ben Burmeister 027 426 9589 Deb Burmeister 027 566 6009

PUBLIC NOTICES

OPUNAKE BEACH CARNIVAL COMMITTEE A.G.M.

7pm Tuesday 20th September Sandfords Event Centre Ph: Diane Forsyth on 761 7231

Opunake Business Association Meeting 1st Monday of each month at 5.30pm. Hughsons &

Associates Boardroom at the Opunake Business Centre.

CRAIG FOSS MP Minister for Small Business Guest Speaker

Wednesday November 23 at Everybody's Theatre, Opunake, 5.00pm - 6.00pm.

Organised by the Opunake Business Association as part of their Business Networking



Make an informed NPDC vote!

Hear their vision for our district from the NPDC mayoral candidates and South Ward candidate Bruce Gatward-Cook and have your chance to ask them questions at a public meeting,

September 16, 7.30pm, Hempton Hall. Sponsored by the Okato Lions Club



C.C.C.W.S. Ltd 16th AGM

Tuesday 20 September 2016 at 7.30pm at Te Kiri Hall, Te Kiri

All Shareholder Consumers welcome

M. Starsmore and P. Stevenson are Directors to retire in rotation, both are available for nomination.

Nomination forms are available by phoning 027 313 7494

All nominations to

The Secretary, Mrs M. Drought, 2 Havelock Street, Opunake, by 16 September 2016

ATTENTION

MUSICIANS & FRIENDS 🖊 OPEN MIC 🎝

Saturday, October 1, 3.30pm - 6.00pm at Everybody's Theatre - \$2 We need a couple more performers to join us!

CONTACT William by phone 06 761 7054 or email queries to: clarkewinz@hotmail.com





SPORT NEW ZEALAND RURAL TRAVEL FUND

Applications for financial assistance under the Sport NZ Rural Travel Fund open on Monday 12 September 2016.

The fund is open to sports clubs and school teams with young people aged between 5-19 years who require assistance with transport expenses to regular, local sporting competitions.

Application forms are available from all LibraryPlus centres, the Council Contact Centre in Albion Street, Hawera, or the Council website www.southtaranaki.com.

For further information please contact: **Executive Assistant Community Services** Phone: 0800 111 323 or 2780555 Email: maryse.ropiha@stdc.govt.nz

Applications close Friday 21 October 2016 at 4.30pm.

What's On Listings

JONATHAN YOUNG

Friday, September 9, 2016

Need to chat with your Local MP Jonathan Young? Come along for a coffee at Sugar Juice Café, Friday 16

September, 10-11am. For more info phone: 06 7591363 OPUNAKE BUSINESS ASSOCIATION

Meet on the 1st Monday of each month.

OPUNAKE COUNTRY MUSIC CLUB First Sunday of each month at the Opunake Town Hall, 1-4pm. All welcome

SCHNITZEL NIGHT

Every Wednesday at the Stony River Hotel, Okato COASTALCARE – LISA KEEN AUDIOLOGY

Wednesdays 9am - 5pm, for an appointment call 027 591 4222 - 0800 555 676

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Contact Tim Hurley - 027 445 1167 Bryan Goodin - 027 531 8511

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On account Washer & Co

'THE BULL SHOP'

Cnr Koru & Main Roads, Oakura Thursday, 29th September, 2016 10.30am

Offering 550 Service Bulls

Order of Sale 10.30am

28 x 2 & 3yr Hereford Bulls 23 x 2yr Murray Grey Bulls 60 x 2yr Ayrshire Bulls 30 x 2 yr LÍC contracted High BW Friesians (11.15) 22 x 2 yr LIC contracted High BW Kiwi Cross Bulls 2 x 2 yr LIC contracted High BW Jersey Bulls 10 x 1yr Hereford Bulls 10 x 1 yr Murray Grey Bulls

Special Feature: 364 Jersey Bulls 12pm

75 x 3yr Jersey Bulls 209 x 2yr Jersey Bulls 80 x lyr Jersey Bulls (1.30pm)

All bulls BVD tested Negative LIC, Jersey & Beef Bulls Vaccinated

Special Notes:

- Unreserved Sale
- Free credit until 20th January 2017
- Zero Fees, no hidden costs.
- Billed 7th Jan 2017 payment 20th Jan 2017
- Free delivery within Taranaki
- · Free Grazing of Bulls until week required, up to 1st December 2016
- \$3,000 worth of Spot Prizes
- The Washer guarantee of satisfaction, all bulls held in their care will be delivered in good health as viewed or replaced or money refunded
- All bulls are in very good condition & quiet.
- \$100 to be taken off the purchase price of the 2 & 3yr old bulls if delivery taken within week following sale
- Free luncheon & hospitality provided
- Identification catalogue at sale
- Your choice of three livestock companies for your

Only The Best 50% of Washer Bulls Offered For Auction

Please register promptly at the sale with the company of your choice. If you require a catalogue, phone the office on 06 752 1135 day or night and leave your name and postal address.



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Friday Nights at the Club Hotel

SURF INN

Every day free pool. Every Friday free sausage sizzle from 5 Every Sunday afternoon. Pool comp

COASTAL YOUNG FARMERS

Meet 2nd Thursday of every month at 7pm at the Okato Bowling Club.

TARANAKI COUNTRY MUSIC HALL OF FAME, **MANAIA**

Running every Thursday night from 7.30pm, 11 Surf Highway, South Road, Manaia.

EGMONT EUCHRE CLUB

Meets every Thursday 1pm at the Opunake Bowling Club

CAPE EGMONT HISTORIC LIGHT & MUSEUM Open 11am – 3pm weekends, Bayly Road, Warea.

TODD ENERGY AQUATIC CENTRE

Family fun times 10.30am to 4.30pm. **COASTAL SINGERS**

7pm every Thursday night.Contact 761 8654

ELTHAM BUSINESS ASSOCIATION FRIDAY

8am to 1pm, Carpark of Touch Point, High Street, Eltham.

THE VILLAGE GALLERY

Youth Style - 29 August - 23 September

A CELEBRATION OF LOCAL ARTISTS September 10 & 11, 10am - 3pm at Jean Sandel Retirement

Village. Refer advert. **CHURCH FAIR**

At the Wave Church, Domett St, Opunake, Saturday 10

September. 10am – 12 noon. Refer advert. RAHOTU BOWLING CLUB OPENING DAY

Sunday 11 September – 9.30am. All members and intending members welcome.

2ND ANNUAL COASTAL HIGH BW YEARLING JERSEY BULL SALE

on account of The Burmeister Partnership. Monday 12 September at 12.30pm at Julian Road, Warea. Refer advert.

MAKE AN INFORMED NPDC VOTE! Hear their vision for our district from the NPDC mayoral candidates and South Ward candidate Bruce Gatward-Cook

September 16, 7.30pm, Hempton Hall. Refer ad. TARANAKI EXPLOSION

The Terror vs The Butcher, Friday 16 September at the TSB Stadium. Refer advert for full details.

TARANAKI FASHION ART AWARDS

Preview Show, Friday 16th September - Awards show, Saturday 17 September at the TSB Showplace. Refer advert for full details.

OPUNAKE SURF INN LIVE BAND

'SLAM' Saturday 17 September, 9pm til late.

PIHAMA LAVENDER MARKET DAY

Sunday 18th September, 10am - 2pm.

NGATITARA OAONUI SANDY BAY SOCIETY A.G.M. Sandfords Event Centre, Monday September 19 at 5.30pm. New Members welcome

OPUNAKE TOUCH ASSOCIATION AGM

Monday 19 September 2015, 5.30pm at Soul Kitchen, Sandfords Event Centre Please contact Philly 021 267 7993 for more information.

C.C.C.W.S. Ltd 16th AGM Tuesday 20 September 2016 at 7.30pm at Te Kiri Hall, Te Kiri. All Shareholder Consumers welcome. Refer ad.

OPUNAKE BEACH CARNIVAL COMMITTEE

AGM, Sandford Event Centre, Tuesday September 20, 7pm. Everyone welcome. Contact Diane Forsyth 761 7231.

SOUTH TARANAKI **SPCA CALENDAR** COMPETITION

The calendar competition is open until Tuesday 20th September. MULTIPLE SCLEROSIS EDUCATIONALTALK

Venue: Sport Taranaki - Yarrow Stadium,

Maratahu Street, Westown, Thursday 22 September 5:30 6:30pm Refer advert.

Neurological Physiotherapy Satellite Clinic

Multiple Sclerosis September 22 - 24 2016

Venue: Rampage Fitness, 163-167 Gill St, New Plymouth. Refer advert. TARANAKI NATIONAL ART AWARDS

29 October - 5 November. Entries due 16th September. Refer advert.

ATTENTION ALL MUSICIANS & FRIENDS **OPEN MIC**

Saturday, October 1, 3.30pm - 6.00pm at Everybody's Theatre - \$2. We need a couple more performers to join us! CONTACT William by phone 06 761 7054 or email queries to: clarkewinz@hotmail.com

CRAIG FOSS MP

Minister for Small Business, Guest Speaker, Wednesday November 23 at Everybody's Theatre, Opunake, 5.00pm

Organised by the Opunake Business Association as part of their Business Networking

24 WHAT'S ON

Opunake Music Workshop 7:30pm Tuesday, 13th September 2016

Catholic Church, 33 Whitcombe Road, Opunake...

Bring your own instruments, basic amplification provided



Wedding or function, planning a party? Book us for Sound, Lighting or Video.

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Please send to
editorial@opunakecoastal news.co.nz
NEXT ISSUE DUE OUT
SEPTEMBER 23

"I paid for my first drum set at the age of 14"

Friday, September 9, 2016

Wayne Pike, an ex-chef who used to manage staff and cook for 12,000 to 20,000 economy and business class meals for passengers on Air New Zealand flights, gave all that up and moved to Taranaki in 2003 to escape the hustle and bustle of heavy Auckland traffic.

"It used to take me two hours to drive home from the airport every day," says Wayne, who nowadays much prefers the quieter, more laid back Taranaki lifestyle. Now settled in Kaponga, he is enthusiastic about continuing his drumming career, and bringing his musical experience to the Opunake Music Workshops. On Tuesday August 30 it made a massive difference to the overall sound having an experienced drummer with great timing, rhythm and a keen ear.

His first drum set was paid off using his hard earned pocket money at the age of 14. It wasn't until he turned 18 that he engaged in his first drum lessons, and learnt to play beats other than 4/4. Wayne was then exposed to more rhythm variations such as 3/4 waltz and 2/4 swing. "When I was older, I

said Wayne.



Wayne has a passion for drumming

started jamming with other musicians, and joined my first band at 25. We were called the 'West Coasters,' based in Piha. West Auckland. I feel that I was spoilt growing up in 60s and 70s with the style of music I was exposed to. It was good grounding for me playing 50s, 60s, 70s and 80s music, which included covers of Beatles songs, and Rolling Stones, plus heaps more. 'Too Wild', was another great band, that gave me valuable experience for about 10 years - some originals and some covers,"

Born into a musical family, he was encouraged to pursue

his passion for drumming from an early age.

"Mum played the ukulele and guitar, Dad played bass, and my older brother was an excellent trumpet player in a jazz band. I really looked up to my older sister Lynn Clark (stage name), who introduced me to many musicians and people in the industry." An accomplished folk singer, she was the opening act for American singer Don McLean of 'American Pie' fame, when he toured New Zealand in the 1980s. She also made and released several of her own recordings as a solo

Wayne has played drums in

many other bands, and more recently locally in Taranaki where he joined 'Phace' with Brent Edlam, a fantastic lead guitarist and vocalist, based in Stratford. Unfortunately, Brent moved over to Australia, and that was the end of that. He says, "I'm hoping that more musicians will join the Opunake music group, as I'm keen to start another band."

OPUNAKE & COASTAL NEWS

Anyone who would like to jam with Wayne and other talented musicians and singers in the music group, please join us at 7:30PM on Tuesday September 13 at the Catholic Church lounge, 33 Whitcombe Rd, Opunake.

Anne Montgomery

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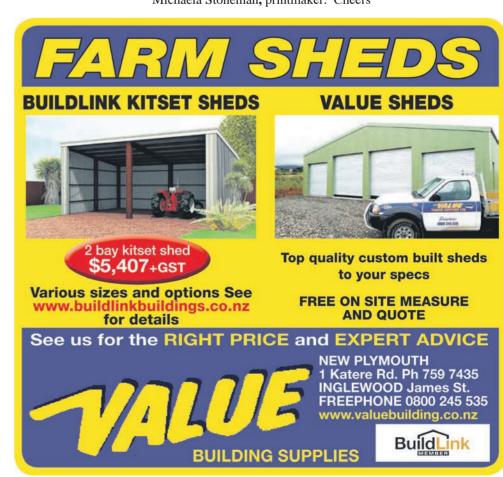
info@uniqueholidaytours.co.nz www.uniqueholidaytours.co.nz

In Hidden Gardens

The exhibition on the Virtual Tart website during September is In Hidden Gardens, mixed media work by Barbara Kae of Wichita, Kansas, USA. Do have a look, and send her an email if you like her work. Artists really appreciate your reactions.

From the Outside Looking In is an open call to any artist who feels they are outside the mainstream. Details about taking part are on the Tart site. Follow the links from the calendar on the front page.

Have a look at the exhibition at the DownTown Cafe in Okato - etchings and woodcuts by Michaela Stoneman, printmaker. Cheers





Jean Sandel Retirement Village

71 Barrett Road, New Plymouth

An exciting showcase of local talent proudly brought to you by The White Sail Gallery and Jean Sandel Retirement Village.

Free admission • Artwork available for purchase • Village tours

Jill White • Lester Earl • Libby McColl • Heather Wilson • Anitha Madhav • Jan Leighton Brenda Cash • Penny Brisco • Donna O'Donoghue • Marguerita Iremonger • ... and more!

For more information please call Debbie on 751 4504









Taranaki **National Awards** Entries due 16th September 10am-4pm 29 October - 5 November 2016



Sandfords Event Centre, SH45, Opunake, Taranaki Over 200 artworks and floral displays - \$2 entry

www.taranakiartawards.co.nz





POOL TUESDAYS POKER WED-THURS

at the Club Hotel - Opunake 761 8213





2502 Surf Highway 45 - Okato



Friday, September 9, 2016

Tupare

Heritage garden fertile ground for ideas

Home gardeners will be able to soak up more than the atmosphere at a free workshop at one of New Plymouth's premier heritage properties on Sunday September 11.

26 WHAT'S ON

Home gardeners looking for design ideas can learn by example at Tūpare.

The two-hour workshop at Tūpare, 487 Mangorei Rd, will cover the elements of garden composition and design. It is aimed equally at those starting out as well as those wanting to give their established home garden a new look.

Participants will learn by example from the stunningly landscaped gardens at Tūpare, and discussion topics will include the use of light and shade and existing trees, the creation of 'outdoor rooms,' practical aesthetics and more.

Sunday's workshop will run from 2pm to 4pm. It is part of a year-round series of free events at Tūpare, Pukeiti and Hollard Gardens, the three heritage properties owned and managed by the Taranaki Regional Council.

OPUNAKE & COASTAL NEWS

Is your town the most beautiful in New Zealand?

The Keep New Zealand Beautiful awards are fast approaching, with judges on the hunt for the best environmentally friendly cities, towns, suburbs, projects and people.

The central aim of the awards is to recognise the efforts of New Zealanders' that successfully do their bit to keep New Zealand beautiful.

Heather Saunderson, chief executive of Keep New Zealand Beautiful, says the Beautiful Awards give every community, council, school and individual the chance to celebrate and be recognised for the great environmental work that has been done during the past 12 months.

There are eight award categories for 2016, including the Sustainable Schools Award and the Young Legend award. The Young Legend award aims to acknowledge an outstanding volunteer under the age of 18, who demonstrates remarkable leadership in his or her community through environmental actions.

The other awards open for entry include the Tidy Kiwi award, the Ruud Kleinpaste award, Beautiful Towns and Cities, Best Loo award, Community Environmental Initiative, Sustainable Schools and the Kiwi's Choice award.

Winners will be announced on October 15.

Award categories

Tidy Kiwi Award

The Tidy Kiwi Award recognises and rewards an individual or team who have distinguished themselves as truly extraordinary and serve as an inspiration to us all. The Award honours outstanding and exceptional leadership in litter prevention, waste reduction/recycling and beautification activities.

Ruud Kleinpaste Award Famed columnist, television personality, entomologist, and former KNZB Patron, Ruud Kleinpaste (aka the 'Bug Man'') has used television screens around the world to share his continuing delight and amazement at the richness and complexities of the insect world and championing numerous environmental causes. The Award is given to the KNZB

member(s) whose efforts to positively enhance the organisation's mission and values have gone beyond that of what many volunteer KNZB members may undertake.

Young Legend Award

The Young Legend Award honours an outstanding volunteer under the age of 18. This exceptional young man or woman will have demonstrated remarkable leadership and outreach in his or her community through work in the areas of litter prevention, waste reduction/recycling promotion and beautification.

Beautiful Towns and Cities Awards

These Awards recognise and celebrate positive actions taken by communities in local and urban areas to protect and enhance their local environments. They encompass initiatives as diverse as litter prevention, recycling, protection of the environment, preserving heritage, community action and leadership and environmental sustainability programmes. There are four categories for this Award.

Small Town 5,000 or less. Large Town 5,000 – 20,000. City 20,000+ / Suburb.

Best Loo Award

This Award recognises the Best Loo in the country. It will take into account the location, the cleanliness and facilities of the interior and exterior and environment around the loo.

Community Environmental Initiative Award

The Community Environmental Initiative Award annually honours innovative projects that have achieved extraordinary environmental results by harnessing the power of partnership. From large national efforts to small-scale locally based projects, many of New Zealand's most innovative environmental efforts have succeeded as a result of com-

munity collaboration. Sustainable Schools Award The Sustainable Schools Award annually honours a teacher, school or tertiary institution for commitment and practical action to implement sustainable practices and environmental projects which enhance the school and/or community.

Kiwi's Choice Award This award recognises a favourite spot in New Zealand. It will be based upon location, facilities available, natural beauty, man-made beauty, cleanliness, popularity, uniqueness. Reasons given for this being a favourite spot are necessary along with photos and some history of the spot if relevant.

OPUNAKE AND COASTAL NEWS



Our next issue is due out September 23 Phone us today to advertise your event



Incontrovertible is playing on Sunday, September 11, on the 15th Anniversary of this terrible event.

What the mainstream media isn't telling you

On Sunday, September the 11th, at 12 midday, the fifteenth anniversary of 9/11, there will be a free screening of the documentary Incontrovertible.

The two hour long documentary first premiered to a sold out audience in a small South London movie theatre on November 9 last year. Directed by British film maker Tony Rooke, it is narrated by veteran British actor Michael Culver. It portrays the frank and candid views of police officers,

firefighters and soldiers as they express their grave concerns about the official explanation for the events of 9/11.

"It is a film which is delivered by our military and police, for our military and police," Tony Rooke said. "Our military and police officers have a right and a duty to see the real evidence about 9/11 that has been deliberately withheld from them by our politicians and our mainstream media."



Artwork by artist Roger Morris evoking the events of September 11.

Promote your events in the

OPUNAKE & COASTAL

People who put in public notices and display adverts in the

What's On Section

for events are welcome to additionally provide extra editorial and photos

FREE OF CHARGE, to help promote the event.

An inspirational and educational talk on the latest evidence:

Multiple Sclerosis

Venue: Sport Taranaki - Yarrow Stadium, Maratahu Street, Westown Thursday 22 September 5:30 - 6:30pm

Gilly Davy is an experienced senior neurological physiotherapist and clinical educator. She is one of New Zealand's most experienced MS physiotherapists, passionate about sharing practical knowledge of the latest evidence based rehabilitation approaches. You will be introduced to the core principles of exercise specific to MS and how to practically implement them. The latest evidence is directing a significant change in the historical approach to MS and exercise. We will also discuss how to overcome the common barriers to exercise for MS and the exciting possibilities of the neuroprotective effects of exercise.

LIMITED SPACE - BOOKING ESSENTIAL -Contact gilly@connectneurophysiotherapy.com. Cost \$25.



CoastalCare Health and Community Centre

CoastalCare offers for hire, quiet, private, well-appointed room's for meetings, training opportunities & social gatherings. This will seat up to 60 people or it has the flexibility to be divided into two smaller rooms. The facilities include a lounge area & kitchenette for self-service of coffees and tea Some of the regular services we currently have running are:

LISA KEEN - AUDIOLOGY

Every 2nd Wednesday hearing evaluation, hearing aid assessment, ACC hearing evaluation and complimentary hearing checks.

TAYLOR DENTAL PRACTICE

Offering full dental services every Thursday.

SURFSIDE MIDWIFERY - JO LOCKTON

supporting you from conception until baby is 6wks old - home visits & clinics as needed

TAI CHI - NIGEL CLIFFE

every Thursday, 9am-10am, low impact exercise all welcome, gold coin donation.

FOODBANK Tuesday's and Wednesday's 10am - 2pm, providing basic food parcels for those in need.

BUDGET ADVICE

advice and assistance with budgets and finances, every second Wednesday. TARANAKI PODIATRY

every 3rd Tuesday - specialised foot care for all ages in clinics

TUI ORA

* Haumiri massage koha based - every third Friday

* Alcohol and Drug Counselling - weekly one to one counselling

SIAS HUFFMAN

one to one counselling, specialising in anxiety, depression, and relationship therapy.

once a month course - delivers industry training to those in the Dairy Industry

PRIMARY ITO - MILK QUALITY COURSES

one day course looking at how to get the best quality milk production.

COMMUNITY CORRECTIONS - WEEKLY supporting offenders addressing their offending & gain skills that will help them lead a crime free life

Also permanently residing in the building are: **OPUNAKE PHARMACY** OPUNAKE MEDICAL CENTRE ST. JOHNS AMBULANCE - PLUNKET HEALTH BOARD SERVICES.

CoastalCare Haumaru ki Tai Health and Community Centre Haumaia ki runga, Hauora ki raro

CONTACT: ARETHA, MANAGER, on 761 8488

EVERYBODY'S THEATRE

Opunake - MOVIES - BOUTIQUE THEATRE - HIRE For information email: everybodystheatre@gmail.com or check facebook- Everybody's Theatre

Lollies, Popcorn, Ice-creams, Adults \$10, Students 4-16yrs \$8, Under 4 free Chocolate bars, Coffee & Tea For Sale Senior Citizens \$8. **NO EFT-POS**



POIE

Documentary, Music /G/ 93min This documentary tells the story of iconic, chart-topping, kiwi song Poi by the Patea Maori Club. Concieved by Dalvanius Prime and

bought to life by residents of Patea Saturday 10 September



Kubo & the two Strings Adventure, Animated, kids Family Fantasy / PG/ 92min

Animated adventure, set in ancient Japan, following a boy who must find help when a vengeful spirit is

Saturday 17 September Monday 26 September Saturday 1 October



Bad Moms

Suicide Squad

Sunday 18 September

Friday 23 September

Saturday 24 September

Comedy / R16/ 100 min

As overworked mums attempting a new approach to parenting irresponsible partying and self indulgence

Friday 9 September Sunday 11 September Wednesday 14 September

villains –including Deadshot and

Harley Quinn to execute black ops

mission in exchange for clemency



Absolutely Fabulous Comedy/ M/ 1hr 30min

Edina and Patsy hit the big screen. Here, the pair are forced to hide out in the South of France after attracting media and police attention for accidently knocking Kate Moss into the River Thames Saturday 10 September Wednesday 14 Septembe

Friday 16 September Wednesday 21 September

Action, Adventure, Historical /PG13/ 141min First to Finish, Last to Die Follows the adventures of Judah Ben-Hur a Jewish prince who is

enslaved by the Romans and becomes a charioteers and a Christian Saturday 17 September 7pm

Wednesday 21 September Sunday 25 September

7pm

Special Screening on Sunday 11 September at 12 noon FREE ADMISSION

Incontrovertible - New 9/11 Documentary by Tony Rooke

7pm

7pm

Organised by Roger Morris

Wednesday		Friday		Saturday		Sunday	
		9		10 Poi E	1pm	11 Incontrovertible	12noon
		Bad Moms	7pm	Absolutely Fabulous	7pm	Bad Moms	7pm
14 Bad Moms	1pm	16		17 Kubo & the 2 strings 1pm		18	
Absolutely Fabulous	7pm	Absolutely Fabulous	7pm	Ben-Hur	7pm	Suicide Squad	7pm
21 Absolutely Fabulous	1pm	23		24 Secret life of Pets	1pm	25	
Ben-Hur	7pm	Suicide Squad	7pm	Suicide Squad	7pm	Ben-Hur	7pm

During School Holidays movies will be on Mondays at 1pm The third Wednesday of the month is Baby Friendly movie at 1pm - Absolutely Fabulous

The fourth Wednesday is Art House Movie at 7pm - Our Little Sister

It's time

The Taranaki Fashion Art Awards is an annual event focused on inspiring creativity within the community and nationwide. Turning fashion into art form, presented on stage to music and dance, this iconic show is in its 15th year of production. As a Charitable Trust, we endeavour to present a unique, exciting and polished show that is affordable for participants,

from designers audience, supported a cast of more than 100 volunteers. Each year a new theme is set, with 2016 being Time.' Time for Paper Art, Nature Time, Flash Dash and Digital Time, Wacky Underwear Time, Time Now For Black and White, and Time For Eccentricity are this year's categories that inspire designers to use different mediums to create

Neurological Physiotherapy Satellite Clinic Multiple Sclerosis

September 22 - 24 2016

Do you know that exercise is neuroprotective? Do you know what the BEST exercise is for you? Would you like to receive some intensive therapy input

This unique opportunity for people with multiple sclerosis as this expert level satellite clinic is provided in New Plymouth. You will be assessed, educated and provided with an individualised tailored program specific to you. Gilly Davy is an inspiring senior neurological physiotherapist with vast experience and a passionate proactive approach.

LIMITED SPACES: Take this rare opportunity to maximise your potential by contacting gilly@connectneurophysiotherapy.com Mobile: 0220440295

Venue: Rampage Fitness, 163-167 Gill St, New Plymouth.

Cost: \$150 for a 1-hour initial consultation and \$130 for a follow up.



Some of the winning entries from the 2015 Taranaki Fashion Art Awards. The garment featured on this year's poster Second Hand Rose the skirt is made from egg cartons. The top was made from egg shells and was the supreme winner in 2015. It was designed and made by Marlene Lewis and Modelled by Sarah Haden, a 15 year old student at Opunake High School.

their garment. Schools are encouraged to participate, and provide many of our models..

This year we have had 192 entries from all around New Zealand, the most we have had since 2012. This is going to be an amazing event with every category full of amazing designers.

Our preview show will be held on Friday September 16 and the awards finale show will be held on Saturday September 17.

Ticketek TSB Showplace 92 - 100 Devon Street West New Plymouth 06 759 0021

Preview show. Friday 16 September, 7.30pm. Premium Adult \$45.00. Premium Child 16years and under \$23.00. A Res Adult \$35.00.

der \$18.00. Service fees apply Awards show. Saturday 17 September, 7.30pm. Premium Adult \$58.00. Premium Child 16years and under \$30.00. A Res Adult \$48.00. A Res Child 16 years and under \$25.00. Service



It's Lacking in our Soil

Symptoms of magnesium deficiency are muscle cramps or twitches, problems with sleeping, tiredness, muscle pain, headaches, bowel problems, difficulties with the heart, body tension, nervousness and irritability to name a few. Magnesium oxide causes loose bowel motions, if you aren't suffering from constipation take one with out. Magnesium ultra is bonded onto a protein molecule so it doesn't cause loose bowel motions.



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